# **WIAA RULE AMENDMENT**

#### ML/HS AMENDMENT #9

# **66.0.0 WRESTLING**, page 70

#### **NEW ARTICLE**

- 66.10.0 UNIFORM VARIANCE Wrestlers may wear a one-piece singlet as outlined in the NFHS wrestling rule book, or a two-piece outfit consisting of close-fitting "fight shorts" and a short-sleeved compression top. No combination of the two will be allowed. Wrestling teams must adhere to all other uniform regulations.
- **66.68.0 UNIFORM VARIANCE** Wrestlers shall wear any shoe deemed appropriate by the coach, activities coordinator, and/or wrestling official. Wrestlers may wear a one-piece singlet as outlined in the NFHS wrestling rule book, or a two-piece outfit consisting of close-fitting "fight shorts" and a short-sleeved compression top. No combination of the two will be allowed. Wrestling teams must adhere to all other uniform regulations.

# **Interpretation of Amendment**

# As with any uniform, these must be school issued/approved and meet WIAA guidelines for manufacturer trademark.

"Close-fitting fight shorts" - Close fitting fight shorts meet the standards of

- Not extending past the wrestlers knee
- No pockets
- Securable waistband
- No tassels or adornments
- NO Velcro

### **EXAMPLES:**





# **Interpretation of Amendment**

"No combination of the two will be allowed"

- No wearing of a singlet and fight shorts
- Teams may have competitors in either a singlet **OR** compression shirt & fight shorts during the same competition
- Both wrestlers in a match do not need to be wearing the same style of uniform (singlet vs. fight shorts/compression top)

"Short-sleeved compression top"

- Must be short sleeved, cannot extend below elbow.
- Must be athletic grade & moisture wicking material (no regular cotton t shirts)





