

## **WIAA 2017-2018 Weigh-In Procedures**

All student-athletes will weigh-in wearing a school issued wrestling uniform that meets WIAA and NFHS requirements (excluding headgear and footwear). There will be no weight allowance given for uniforms. The weight management weigh-in used for the descent plan will also require the wrestlers to weigh-in with a school issued wrestling uniform that meets WIAA and NFHS requirements.

### **Weigh-in/skin check procedures:**

Wrestlers should only have a wrestling school issued uniform on when entering the weigh-in area. All wrestlers must submit to a skin disease screening prior to weigh-in. Male wrestlers will remove their straps or tops, while females will remain in full uniform for the skin check. Wrestlers will not be allowed to carry additional clothing or anything other than the weigh-in card or skin clearance documents with them during weigh-ins. Athletes shall weigh-in with a school issued uniform on as it is designed to wear during competition. The official has full authority of the skin check and weigh-in process regulations required for an athlete to compete.

Please contact Brian Smith at [bsmith@wiaa.com](mailto:bsmith@wiaa.com) with any questions.