

2019 WIAA 1B, 2B, 1A Track & Field Champ. - 5/23/2019 to 5/25/2019

**Pres. by Dairy Farmers of Wash. & Les Schwab
Eastern Washington University - Cheney, Wash.
Meet Program**

Event 21 Girls 100 Meter Dash 1B**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Thursday 5/23/2019 - 6:35 PM**

National:	11.14	1992	Marion Jones, Thousand Oaks (Calif.)
WIAA Meet:	11.55	2017	Aliya Wilson, Tahoma
1B Meet:	12.55	2014	Carla van Rooyen, Mount Vernon Chr.
2018 1st:	13.35	2018	Kaylee Sowle, Mary M. Knight
2018 2nd:	13.45	2018	Anna Williams, Pateros
2018 3rd:	13.66	2018	Brooklyn Emerson, Glenwood

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 3 Prelims					
1					
2	116	Hannah Olson	12	Clallam Bay	13.94
3	757	Lilly Schmid	9	Trout Lake	13.50
4	260	Ashley VanDam	12	Grace Academy	13.37
5	570	Anna Williams	10	Pateros	13.10
6	460	Mali Stogner	9	Mt Vernon Chr.	13.70
7	118	Miriam Wonderly	12	Clallam Bay	13.84
8	574	Carmen Gingerich	12	Pomeroy	14.27
Heat 2 of 3 Prelims					
1					
2	540	LouEllen Reed	10	Oakesdale	13.90
3	465	Lillianna Ramirez	9	Muckleshoot Tribal	13.62
4	722	Sarah Van Liew	12	Tacoma Baptist	13.34
5	414	Kaylee Sowle	12	Mary M. Knight	13.32
6	575	Nikki Halbert	12	Pomeroy	13.64
7	10	LeeAnn Couvillier	9	Almira C-H	13.94
8					
Heat 3 of 3 Prelims					
1	550	Josie Westmoreland	11	Odessa	14.20
2	453	Lilly Bridge	11	Mt Vernon Chr.	13.95
3	248	Brooklyn Emerson	11	Glenwood	13.45
4	746	Peyton Allaway	10	Trout Lake	13.42
5	219	Faith Southard	12	Entiat	12.88
6	198	Josie Razee	12	Easton	13.80
7	778	Ashantay Truong	12	Wa. Sch. Deaf	13.82
8					

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Event 22 Girls 200 Meter Dash 1B**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/24/2019 - 3:55 PM**

National:	22.52	2003	Allyson Felix, Los Angeles (Calif.)
WIAA Meet:	24.05	2009	Germe Poston, Franklin Pierce
1B Meet:	25.82	2017	Alana Keogh, Cusick
2018 1st:	26.99	2018	Jaiden Hill, Mt. Vernon Christian
2018 2nd:	26.99	2018	Bobbi Hill, Mt. Vernon Christian
2018 3rd:	27.44	2018	Anna Williams, Pateros

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 3 Prelims					
1					
2	256	Blaire Hess	10	Grace Academy	29.01
3	223	Rebecca Kjenstad	10	Evergreen Lutheran	28.74
4	575	Nikki Halbert	12	Pomeroy	27.80
5	570	Anna Williams	10	Pateros	27.69
6	118	Miriam Wonderly	12	Clallam Bay	28.69
7	257	Amiyah Hill	11	Grace Academy	29.19
8					
Heat 2 of 3 Prelims					
1					
2	10	LeeAnn Couvillier	9	Almira C-H	28.97
3	465	Lillianna Ramirez	9	Muckleshoot Tribal	28.59
4	260	Ashley VanDam	12	Grace Academy	27.67
5	722	Sarah Van Liew	12	Tacoma Baptist	28.27
6	550	Josie Westmoreland	11	Odessa	28.75
7	272	Zoe Niccolls	8	Harrington	29.21
8					
Heat 3 of 3 Prelims					
1					
2					
3	470	Echo Cenci	9	Naselle	28.59
4	248	Brooklyn Emerson	11	Glenwood	28.32
5	219	Faith Southard	12	Entiat	27.07
6	778	Ashantay Truong	12	Wa. Sch. Deaf	28.83
7	538	Jessie Reed		Oakesdale	28.89
8					

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Event 23 Girls 400 Meter Dash 1B

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Friday 5/24/2019 - 1:55 PM

National:	50.74	2000	Monique Henderson, San Diego (Calif.)
WIAA Meet:	54.14	2005	Becca Noble, Rogers (Spokane)
1B Meet:	57.74	2017	Alana Keogh, Cusick
2018 1st:	59.49	2018	Jaiden Hill, Mt. Vernon Christian
2018 2nd:	1:00.14	2018	Bobbi Hill, Mt. Vernon Christian
2018 3rd:	1:00.39	2018	Anne Hockett, Oakesdale

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 2 Prelims					
1	388	Sophie Allen	9	Lopez	1:09.03
2	254	Aeris Fredrickson	10	Grace Academy	1:06.74
3	570	Anna Williams	10	Pateros	1:04.38
4	761	Kenna Clark	10	Valley Christian	1:03.54
5	223	Rebecca Kjenstad	10	Evergreen Lutheran	1:03.13
6	578	Sydney Smith	12	Pomeroy	1:05.04
7	157	Anneka Siems	11	Concordia Chr.	1:06.90
8	720	Katie Tonsager	10	Tacoma Baptist	1:08.79

Heat 2 of 2 Prelims

1	227	Beth Merritt	11	Firm Found. Chr.	1:09.97
2	459	Sydney Sharkey	10	Mt Vernon Chr.	1:06.02
3	470	Echo Cenci	9	Naselle	1:05.28
4	534	Amber Jones	12	Oakesdale	1:04.06
5	463	Rosalie Fish	12	Muckleshoot Tribal	1:01.62
6	243	Kennedy Cook	8	Garfield-Palouse	1:04.26
7	748	Alysha Colburn	9	Trout Lake	1:08.03
8	658	Abbie Pettis	10	Selkirk	1:08.46

Event 24 Girls 800 Meter Run 1B

8 Advance: Top 2 Each Heat plus Next 4 Best Times

Friday 5/24/2019 - 2:55 PM

National:	2:02.04	2011	Amy Weissenbach, Westlake (Cal.)
WIAA Meet:	2:04.10	2014	Alexa Efraimson, Camas
1B Meet:	2:20.4h	2007	Neola Putnam, Trout Lake-Glenwood
1B Meet:	2:20.16	2017	Emily Adams, Waitsburg
2018 1st:	2:22.61	2018	Hannah Funkhouser, Trout Lake
2018 2nd:	2:26.66	2018	Gracie StrangeOwl, Cusick
2018 3rd:	2:29.71	2018	Emma Perry, Oakesdale

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 2 Prelims					
1	499	Ruby Gumaelius	10	North River	2:44.72
2	632	Caitlynn Bell	12	Riverside Chr.	2:52.32
3	754	Wynsome Painter	9	Trout Lake	2:37.22
4	463	Rosalie Fish	12	Muckleshoot Tribal	2:27.09
5	586	Maggie Larson	10	Pope John Paul 2	2:37.09
6	717	Stella Olson	9	Tacoma Baptist	2:38.53
7	462	Lauren Wheeler	9	Mt Vernon Chr.	2:38.69
8	503	Talina Short	11	Northport	2:43.86

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Heat 2 of 2 Prelims...(Event 24 Girls 800 Meter Run 1B)

1	182	Emma Reiss	10	Curlew	2:47.62
2	804	Charlize Gutierrez	9	Wishkah Valley	2:45.55
3	245	Anais Mills	11	Garfield-Palouse	2:38.20
4	535	Lizzy Perry	11	Oakesdale	2:28.87
5	390	Leah Armstrong	9	Lopez	2:28.96
6	159	Anneke Tel	12	Concordia Chr.	2:38.35
7	706	Lauren Stubbs	11	St. John-End-Lac	2:39.70
8	458	Sophia Schmaus	9	Mt Vernon Chr.	2:39.01

Event 25 Girls 1600 Meter Run 1B**Thursday 5/23/2019 - 5:35 PM****National: 4:33.29 2014****Alexa Efraimson, Camas (Wash.)****WIAA Meet: 4:33.29 2014****Alexa Efraimson, Camas****1B Meet: 5:14.81 2018****Hannah Funkhouser, Trout Lake****2018 1st: 5:14.81 2018****Hannah Funkhouser, Trout Lake****2018 2nd: 5:24.52 2018****Rosalie Fish, Muckleshoot Tribal****2018 3rd: 5:40.62 2018****Elisabeth Perry, Oakesdale**

Lane	Comp#	Name	Year	School	Seed Time
Section 1 of 1		Timed Finals			
1	601	Natalie Noel	11	Pug. Sound Adv.	6:00.84
2	585	Clare Kondrat	10	Pope John Paul 2	5:48.27
3	245	Anais Mills	11	Garfield-Palouse	5:51.55
4	224	Sarah Overfield	11	Evergreen Lutheran	5:58.90
5	535	Lizzy Perry	11	Oakesdale	5:51.19
6	463	Rosalie Fish	12	Muckleshoot Tribal	5:30.55
7	758	Makenna Stock	11	Trout Lake	6:08.08
8	755	Joanna Peck	12	Trout Lake	6:06.67
9	503	Talina Short	11	Northport	6:21.99
10	455	Maddy Nielsen	9	Mt Vernon Chr.	6:07.35
11	587	Holley Nichols	10	Pope John Paul 2	6:07.55
12	804	Charlize Gutierrez	9	Wishkah Valley	6:10.25
13	499	Ruby Gumaelius	10	North River	6:05.74
14	152	Cheyenne Das	12	Concordia Chr.	6:07.93
15	707	Ellie Tollett	10	St. John-End-Lac	6:24.73
16	532	Madison Dingman	11	Oakesdale	6:03.91

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**Event 26 Girls 3200 Meter Run 1B
Saturday 5/25/2019 - 12:20 PM**

National:	9:47.88	2018	Katelyn Touhy, Thiells N, Rockland (NY)
WIAA Meet:	10:05.81	2006	Megan O'Reilly, Mount Spokane
1B Meet:	11:28.51	2017	Emily Adams, Waitsburg
2018 1st:	12:33.07	2018	Rosalie Fish, Muckleshoot Tribal
2018 2nd:	12:52.53	2018	Makenna Stock, Trout Lake
2018 3rd:	12:57.96	2018	Lillie Goodson, Trout Lake

Lane	Comp#	Name	Year	School	Seed Time
Section 1 of 1		Timed Finals			
1	758	Makenna Stock	11	Trout Lake	13:12.51
2	245	Anais Mills	11	Garfield-Palouse	12:41.02
3	455	Maddy Nielsen	9	Mt Vernon Chr.	13:07.37
4	463	Rosalie Fish	12	Muckleshoot Tribal	11:58.11
5	532	Madison Dingman	11	Oakesdale	13:00.71
6	585	Clare Kondrat	10	Pope John Paul 2	12:21.25
7	755	Joanna Peck	12	Trout Lake	13:13.65
8	531	Julie Baljo	11	Oakesdale	14:02.72
9	391	Isara Greacen	9	Lopez	13:27.60
10	589	Emeline Russell	10	Pope John Paul 2	13:46.10
11	623	Courtney Starr	9	Republic	14:11.23
12	716	Julia Hayes	10	Tacoma Baptist	14:01.06
13	756	Laurel Peck	12	Trout Lake	13:21.57
14	780	Jada Orr	11	Wellpinit	13:57.84
15	497	Georgia Clark	11	North River	13:50.63
16	671	Geneva Boersema	10	Shoreline Chr.	13:54.52
17	806	Cristil Schrotberger	11	Wishkah Valley	14:03.86

Event 27 Girls 100 Meter Hurdles 1B

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Friday 5/24/2019 - 11:20 AM

National:	13.03	2007	Vashti Thomas, San Jose (Calif.)
WIAA Meet:	13.88	2001	Ginnie Powell, Rainier Beach
1B Meet:	15.40	2008	Kaprina Goodwin, Northport
2018 1st:	16.85	2018	Anne Hockett, Oakesdale
2018 2nd:	17.35	2018	Natalya Paz, Entiat
2018 3rd:	17.54	2018	Olivia Eisses, Shoreline Christian

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 2		Prelims			
1	154	Jenna Hoffman	11	Concordia Chr.	19.69
2	676	Kelley McElroy	12	Shoreline Chr.	17.89
3	157	Anneka Siems	11	Concordia Chr.	17.82
4	11	Maddie Murray	11	Almira C-H	17.60
5	536	Bree Rawls	9	Oakesdale	16.41
6	162	Lauren Wolf	12	Concordia Chr.	17.64
7	214	Rebecca Giacomazzi	12	Entiat	18.76
8	465	Lillianna Ramirez	9	Muckleshoot Tribal	19.01

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Heat 2 of 2 Prelims...(Event 27 Girls 100 Meter Hurdles 1B)

1	599	Erica Eulloqui	10	Prescott	19.06
2	802	Alana Evensen	9	Wishkah Valley	18.61
3	750	Isabella Dean	11	Trout Lake	17.81
4	590	Molly Zepeda	11	Pope John Paul 2	17.31
5	674	Olivia Eisses	12	Shoreline Chr.	17.58
6	760	Grace Bruno	10	Valley Christian	17.78
7	470	Echo Cenci	9	Naselle	18.23
8	697	Brooklyn Bailey	9	St. John-End-Lac	19.30

Event 28 Girls 300 Meter Hurdles 1B**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Thursday 5/23/2019 - 4:30 PM**

National:	39.98	2001	Lashinda Demus, Long Beach (Calif.)
WIAA Meet:	42.06	2015	Darhian Mills, Inglemoor
1B Meet:	45.39	2016	Anne Hockett, Oakesdale
2018 1st:	46.34	2018	Anne Hockett, Oakesdale
2018 2nd:	47.98	2018	Natalya Paz, Entiat
2018 3rd:	48.36	2018	Isabella Dean, Trout Lake

Lane	Comp#	Name	Year	School	Seed Time
Heat 1 of 2 Prelims					
1	502	Leanna White	11	North River	1:00.73
2	599	Erica Eulloqui	10	Prescott	53.58
3	760	Grace Bruno	10	Valley Christian	51.31
4	674	Olivia Eisses	12	Shoreline Chr.	48.91
5	461	Emma Symmank	11	Mt Vernon Chr.	50.88
6	118	Miriam Wonderly	12	Clallam Bay	51.76
7	505	Hailey Young	12	Northport	52.23
8	393	Camille Steckler	9	Lopez	54.03
Heat 2 of 2 Prelims					
1	214	Rebecca Giacomazzi	12	Entiat	54.15
2	746	Peyton Allaway	10	Trout Lake	52.51
3	162	Lauren Wolf	12	Concordia Chr.	51.73
4	590	Molly Zepeda	11	Pope John Paul 2	50.36
5	536	Bree Rawls	9	Oakesdale	49.83
6	465	Lillianna Ramirez	9	Muckleshoot Tribal	51.55
7	11	Maddie Murray	11	Almira C-H	53.42
8	805	Brooke Haskey	10	Wishkah Valley	55.14

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Event 29 Girls 4x100 Meter Relay 1B**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/24/2019 - 12:40 PM**

National:	44.50	2004	Long Beach Poly (Calif.)
WIAA Meet:	46.90	2014	Federal Way
1B Meet:	50.76	2018	Mount Vernon Christian
2018 1st:	51.10	2018	Mount Vernon Christian
2018 2nd:	52.47	2018	Pomeroy
2018 3rd:	52.58	2018	Grace Academy

Lane	Comp#	Team	Relay	Seed Time
Heat 1 of 2 Prelims				
1		Wishkah Valley		58.79
	1) #797	Baylee Buchanan 10	2) #799 Trista Cochran 11	3) #803 Kaitlyn Ferry 10
	5) #805	Brooke Haskey 10	6) #801 Maren Erickson 9	4) #802 Alana Evensen 9
2		Tacoma Baptist		55.58
	1) #718	Josie Settle 11	2) #715 Lauryn Chavez 11	3) #721 Joanna Van Liew 10
	5) #720	Katie Tonsager 10	6) #719 Mikayla Stephenson 9	4) #722 Sarah Van Liew 12
3		Trout Lake		54.37
	1) #749	Janessa Colburn 12	2) #753 Willa McLaughlin 8	3) #746 Peyton Allaway 10
	5) #748	Alysha Colburn 9	6) #752 Liz Fink 12	4) #757 Lilly Schmid 9
4		Grace Academy		52.70
	1) #256	Blaire Hess 10	2) #257 Amiyah Hill 11	3) #254 Aeris Fredrickson 10
	5) #259	Lindsay Impola 9	6) #258 Serena Ibrahim 9	4) #260 Ashley VanDam 12
5		Mount Vernon Christian		52.72
	1) #460	Mali Stogner 9	2) #461 Emma Symmank 11	3) #453 Lilly Bridge 11
	5) #458	Sophia Schmaus 9	6) #457 Kylee Russell 9	4) #459 Sydney Sharkey 10
6		Oakesdale		54.27
	1) #534	Amber Jones 12	2) #531 Julie Baljo 11	3) #533 Kaylee Hinnenkamp 9
	5) #532	Madison Dingman 11	6) #539 Logan Reed 12	4) #540 LouEllen Reed 10
7		Wash. School for the Deaf		55.28
	1) #778	Ashantay Truong 12	2) #773 Peyton Barnes 9	3) #777 Juliana Sanchez 9
	5) #774	Saray Fortunato Zamora	6) #775 Alondra Lopez-Alcaraz 9	4) #776 Emma McKinney 11
8		Neah Bay		1:00.36
	1) #484	Grace Wilson 10	2) #480 Ruth Greene 10	3) #481 Navaja Johnson 9
	5) #477	Branndi Bowechop 9	6) #485 Shilaily Woodruff 10	4) #478 Grace Buzzell 10

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Heat 2 of 2 Prelims...(Event 29 Girls 4x100 Meter Relay 1B)

1	Clallam Bay				1:02.01
	1) #114 Venessa Jimmicum 9	2) #117 Miranda Tyree 10	3) #113 Lexi Campbell 8	4) #115 Shyann Littleton 9	
2	Concordia Christian Academy				56.22
	1) #155 Annaliese Johnson 12	2) #159 Anneke Tel 12	3) #153 Taylor Fleming 12	4) #151 Sandy Cartagena 11	
	5) #160 Karinna Tel 9	6) #161 Shanley Tovera 12			
3	Valley Christian				53.91
	1) #764 Karrah Pope 9	2) #763 Julia Hayes 12	3) #760 Grace Bruno 10	4) #761 Kenna Clark 10	
	5) #765 Nelly Tsyakalo 9				
4	Pomeroy				52.31
	1) #575 Nikki Halbert 12	2) #582 Tiffany Wessels 12	3) #574 Carmen Gingerich 12	4) #578 Sydney Smith 12	
	5) #581 Anna Wessels 12				
5	Odessa				53.81
	1) #550 Josie Westmoreland 11	2) #545 Kenadie Elder 11	3) #548 Maddie Scrupps 10	4) #549 Naomi Smith 10	
	5) #547 Emily Scrupps 9	6) #551 Chloe Winkler 9			
6	Selkirk				54.42
	1) #655 Makayla Foy 10	2) #656 Osheana Fristad 10	3) #658 Abbie Pettis 10	4) #659 Sydnee Pettis 8	
	5) #654 Kathleen Anderson 11	6) #657 Mailei Jungblom 8			
7	Entiat				54.93
	1) #216 Catherine Liek 10	2) #211 Gemma Delgado 11	3) #215 Savannah Hill 9	4) #219 Faith Southard 12	
	5) #218 Celest McTaggart 12	6) #212 Marcelah Delgado 11			
8	Christian Faith				57.23
	1) #107 Virginia Muriithi 9	2) #112 Katerina Trofimchik 9	3) #110 Cassandra Spring 12	4) #106 Jillian Chang 12	
	5) #111 Vanessa Tercero 11	6) #109 Hannah Smith 11			

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Event 30 Girls 4x200 Meter Relay 1B**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/24/2019 - 10:00 AM**

National:	1:33.87	2004	Long Beach Poly (Calif.)
WIAA Meet:	1:39.12	1983	Garfield
1B Meet:	1:46.13	2017	Mount Vernon Christian
2018 1st:	1:47.90	2018	Mount Vernon Christian
2018 2nd:	1:52.66	2018	Trout Lake
2018 3rd:	1:52.97	2018	Grace Academy

Lane	Comp#	Team	Relay	Seed Time
Heat 1 of 2 Prelims				
1		Grace Academy		1:51.12
	1) #256	Blaire Hess 10	2) #259	Lindsay Impola 9
	5) #257	Amiyah Hill 11	6) #258	Serena Ibrahim 9
2		Oakesdale		1:54.09
	1) #539	Logan Reed 12	2) #533	Kaylee Hinnenkamp 9
	5) #531	Julie Baljo 11	6) #538	Jessie Reed
3		Trout Lake		1:54.81
	1) #750	Isabella Dean 11	2) #753	Willa McLaughlin 8
	5) #748	Alysha Colburn 9	6) #754	Wynsome Painter 9
4		Concordia Christian Academy		1:58.92
	1) #155	Annaliese Johnson 12	2) #159	Anneke Tel 12
	5) #160	Karinna Tel 9	6) #158	Reagan Taylor 12
5		Odessa		1:59.25
	1) #545	Kenadie Elder 11	2) #547	Emily Scrupps 9
	5) #550	Josie Westmoreland 11	6) #551	Chloe Winkler 9
6		Naselle		2:01.76
	1) #470	Echo Cenci 9	2) #473	Grace Hunt 9
	5) #475	Sophie Scrabeck 12	6) #474	Ellie Miller 12
7		Wishkah Valley		2:01.88
	1) #803	Kaitlyn Ferry 10	2) #799	Trista Cochran 11
	5) #797	Baylee Buchanan 10	6) #804	Charlize Gutierrez 9
8		Lummi		2:14.20
	1) #394	Aliyah Boxwell-Rasario	2) #397	Marilyn Little 12
	5) #396	Darlene Lane 10	6) #401	Nina Wilson 9
			3) #400	Dezirae Toby 12
			4) #395	Shelby Jacobs 12

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1	Mount Vernon Christian				1:51.59
	1) #460 Mali Stogner 9	2) #461 Emma Symmank 11	3) #453 Lilly Bridge 11	4) #459 Sydney Sharkey 10	
	5) #458 Sophia Schmaus 9	6) #457 Kylee Russell 9			
2	Pomeroy				1:52.53
	1) #582 Tiffany Wessels 12	2) #578 Sydney Smith 12	3) #574 Carmen Gingerich 12	4) #575 Nikki Halbert 12	
	5) #581 Anna Wessels 12	6) #579 Jaden Steele 11			
3	Selkirk				1:55.45
	1) #655 Makayla Foy 10	2) #656 Osheana Fristad 10	3) #658 Abbie Pettis 10	4) #659 Sydnee Pettis 8	
	5) #657 Mailei Jungblom 8	6) #654 Kathleen Anderson 11			
4	Entiat				1:58.89
	1) #216 Catherine Liek 10	2) #218 Celest McTaggart 12	3) #211 Gemma Delgado 11	4) #219 Faith Southard 12	
	5) #215 Savannah Hill 9	6) #214 Rebecca Giacomazzi 12			
5	Neah Bay				2:00.31
	1) #478 Grace Buzzell 10	2) #479 Laila Greene 10	3) #484 Grace Wilson 10	4) #485 Shilaily Woodruff 10	
	5) #480 Ruth Greene 10	6) #481 Navaja Johnson 9			
6	Christian Faith				2:00.67
	1) #107 Virginia Muriithi 9	2) #112 Katerina Trofimchik 9	3) #110 Cassandra Spring 12	4) #106 Jillian Chang 12	
	5) #111 Vanessa Tercero 11	6) #109 Hannah Smith 11			
7	Tacoma Baptist				2:02.29
	1) #718 Josie Settle 11	2) #717 Stella Olson 9	3) #721 Joanna Van Liew 10	4) #720 Katie Tonsager 10	
	5) #715 Lauryn Chavez 11	6) #722 Sarah Van Liew 12			
8	St. John-Endicott-Lacrosse				2:04.99
	1) #701 Olivia Larsen 12	2) #705 Liz Sandoval 9	3) #704 Autumn Meyers 12	4) #700 Alynn Harder 12	
	5) #698 Zoe Bailey 10	6) #703 Sophie Larsen 9			

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Event 31 Girls 4x400 Meter Relay 1B

8 Advance: Top 1 Each Heat plus Next 6 Best Times

Friday 5/24/2019 - 5:15 PM

National:	3:35.49	2004	Long Beach Poly (Calif.)
WIAA Meet:	3:46.36	2017	Union
1B Meet:	4:08.93	2017	Mount Vernon Christian
2018 1st:	4:20.30	2018	Oakesdale
2018 2nd:	4:26.11	2018	Evergreen Lutheran
2018 3rd:	4:27.74	2018	Trout Lake

Lane	Comp#	Team	Relay	Seed Time	
Heat 1 of 2 Prelims					
1		North River		5:09.91	
	1) #502	Leanna White 11	2) #500 Naomi Olson 11	3) #499 Ruby Gumaelius 10	4) #497 Georgia Clark 11
	5) #501	Abigail Stone 12	6) #498 Eliza Gumaelius 9		
2		Odessa		4:44.02	
	1) #545	Kenadie Elder 11	2) #548 Maddie Scrupps 10	3) #551 Chloe Winkler 9	4) #547 Emily Scrupps 9
	5) #812	Morgan Sandoval 9	6) #549 Naomi Smith 10		
3		Mount Vernon Christian		4:42.29	
	1) #461	Emma Symmank 11	2) #462 Lauren Wheeler 9	3) #458 Sophia Schmaus 9	4) #459 Sydney Sharkey 10
	5) #455	Maddy Nielsen 9	6) #457 Kylee Russell 9		
4		Concordia Christian Academy		4:29.60	
	1) #159	Anneke Tel 12	2) #157 Anneka Siems 11	3) #162 Lauren Wolf 12	4) #151 Sandy Cartagena 11
	5) #160	Karina Tel 9	6) #152 Cheyanne Das 12		
5		Lopez		4:36.36	
	1) #392	Emma Patrick 9	2) #390 Leah Armstrong 9	3) #388 Sophie Allen 9	4) #393 Camille Steckler 9
	5) #389	Hazel Arden 11			
6		Pope John Paul 2		4:41.03	
	1) #584	Morine Kimani 12	2) #588 Isabella Pettis 10	3) #587 Holley Nichols 10	4) #586 Maggie Larson 10
	5) #589	Emeline Russell 10	6) #583 Maddie Bush 12		
7		Entiat		4:43.94	
	1) #216	Catherine Liek 10	2) #218 Celest McTaggart 12	3) #215 Savannah Hill 9	4) #211 Gemma Delgado 11
	5) #217	Jovana Lopez 10	6) #213 Madelyn Eisenhard 9		
8		Trout Lake		4:48.48	
	1) #748	Alysha Colburn 9	2) #754 Wynsome Painter 9	3) #756 Laurel Peck 12	4) #755 Joanna Peck 12
	5) #753	Willa McLaughlin 8	6) #747 Nevaeh Anderson 9		

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Heat 2 of 2 Prelims...(Event 31 Girls 4x400 Meter Relay 1B)

1	Wishkah Valley	5:32.48
	1) #804 Charlize Gutierrez 9 2) #798 Amber Cochran 10 3) #797 Baylee Buchanan 10 4) #806 Cristil Schrotberger 11	
	5) #796 Erica Bomhoff 11 6) #800 Jazzmen Dziubak 10	
2	Neah Bay	4:44.69
	1) #478 Grace Buzzell 10 2) #479 Laila Greene 10 3) #484 Grace Wilson 10 4) #485 Shilaily Woodruff 10	
	5) #480 Ruth Greene 10 6) #483 Isabell Parker 11	
3	Pomeroy	4:37.96
	1) #574 Carmen Gingerich 12 2) #577 Caitlyn Quarles 8 3) #582 Tiffany Wessels 12 4) #578 Sydney Smith 12	
	5) #580 Teagan Steele 11 6) #572 Katie Boyer 8	
4	Shoreline Christian	4:36.79
	1) #675 Emma Giacometti 10 2) #673 Meredith Eisses 9 3) #677 Sora Yanagawa 11 4) #674 Olivia Eisses 12	
	5) #672 Ava DeKoekkoek 9 6) #676 Kelley McElroy 12	
5	Oakesdale	4:28.39
	1) #539 Logan Reed 12 2) #532 Madison Dingman 11 3) #535 Lizzy Perry 11 4) #534 Amber Jones 12	
	5) #531 Julie Baljo 11 6) #533 Kaylee Hinnenkamp 9	
6	Evergreen Lutheran	4:42.62
	1) #222 Grace Gibson 10 2) #224 Sarah Overfield 11 3) #226 Meaghan Scannell 10 4) #223 Rebecca Kjenstad 10	
	5) #225 Kaitlyn Rodmyre 11 6) #221 Sarah Crawford 10	
7	St. John-Endicott-Lacrosse	4:43.19
	1) #700 Alynn Harder 12 2) #696 Ashlynn Archer 9 3) #706 Lauren Stubbs 11 4) #707 Ellie Tollett 10	
	5) #705 Liz Sandoval 9 6) #701 Olivia Larsen 12	
8	Garfield-Palouse	4:48.26
	1) #246 Jessica Olson 9 2) #247 Laynie Southern 8 3) #243 Kennedy Cook 8 4) #245 Anais Mills 11	
	5) #244 Ava Hemphill 8	

Event 32 Girls Long Jump 1B

Thursday 5/23/2019 - 4:00 PM

National:	22-01.75	1976	Kathy McMillan, Raeford (N.C.)
WIAA Meet:	20-01.25	2016	Wurrie Njadoe, Shorecrest
1B Meet:	17-10.25	2017	Kaylee Sowle, Mary M. Knight
2018 1st:	17-08.25	2018	Kaylee Sowle, Mary M. Knight
2018 2nd:	16-07.25	2018	Julia Hayes, Valley Christian
2018 3rd:	16-03	2018	Josie Razee, Easton

Pos	Comp#	Name	Year	School	Seed	Mark
Flight 1 of 2 Finals						
1	253	Morgan Casey	10	Grace Academy	13-03.00	
2	255	Emily Fredrickson	11	Grace Academy	13-08.50	
3	590	Molly Zepeda	11	Pope John Paul 2	14-04.00	
4	258	Serena Ibrahim	9	Grace Academy	14-04.00	
5	600	Emi Bezman	12	Pug. Sound Adv.	14-05.00	
6	805	Brooke Haskey	10	Wishkah Valley	14-05.25	
7	116	Hannah Olson	12	Clallam Bay	14-09.50	
8	622	Mary Groom	12	Republic	14-10.00	
Flight 2 of 2 Finals						
1	539	Logan Reed	12	Oakesdale	14-10.00	
2	588	Isabella Pettis	10	Pope John Paul 2	15-02.50	
3	198	Josie Razee	12	Easton	15-07.25	
4	538	Jessie Reed		Oakesdale	15-09.00	
5	540	LouEllen Reed	10	Oakesdale	15-11.00	
6	763	Julia Hayes	12	Valley Christian	16-03.00	
7	248	Brooklyn Emerson	11	Glenwood	16-03.50	
8	414	Kaylee Sowle	12	Mary M. Knight	16-11.50	

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Event 33 Girls Triple Jump 1B**Saturday 5/25/2019 - 3:10 PM**

National: 44-02.25 2001
WIAA Meet: 41-10.25 2015
1B Meet: 36-01.25 2014
2018 1st: 35-02.25 2018
2018 2nd: 34-00 2018
2018 3rd: 32-11.50 2018

Ychlindria Spears, Luling (Texas)
Chinne Okoronkwo, Mountlake Terrace
Carla van Rooyen, Mount Vernon Chr.
Kaylee Sowle, Mary M. Knight
Julia Hayes, Valley Christian
Logan Reed, Oakesdale

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 2 Finals					
1	484	Grace Wilson	10	Neah Bay	28-01.50
2	258	Serena Ibrahim	9	Grace Academy	29-01.00
3	115	Shyann Littleton	9	Clallam Bay	29-08.00
4	443	Rebecca Shaporda	9	Moses Lake Chr.	29-11.00
5	803	Kaitlyn Ferry	10	Wishkah Valley	30-05.00
6	162	Lauren Wolf	12	Concordia Chr.	30-06.25
7	590	Molly Zepeda	11	Pope John Paul 2	30-08.00
8	453	Lilly Bridge	11	Mt Vernon Chr.	31-03.25
9	485	Shilaily Woodruff	10	Neah Bay	31-03.25
Flight 2 of 2 Finals					
1	505	Hailey Young	12	Northport	31-04.75
2	540	LouEllen Reed	10	Oakesdale	31-04.75
3	696	Ashlynn Archer	9	St. John-End-Lac	31-09.00
4	547	Emily Scrapps	9	Odessa	32-01.75
5	539	Logan Reed	12	Oakesdale	32-07.50
6	763	Julia Hayes	12	Valley Christian	34-08.00
7	750	Isabella Dean	11	Trout Lake	35-01.00
8	536	Bree Rawls	9	Oakesdale	35-02.00
9	414	Kaylee Sowle	12	Mary M. Knight	35-06.25

Event 34 Girls Shot Put 1B**Friday 5/24/2019 - 10:00 AM**

National: 57-01.25 2017
WIAA Meet: 48-06 2018
1B Meet: 36-11.50 2008
2018 1st: 35-10.50 2018
2018 2nd: 35-05 2018
2018 3rd: 34-03.75 2018

Alyssa Wilson, Toms River Donovan (NJ)
Karlee Freeman, Raymond
Clara Hull, Pateros
Liz Fink, Trout Lake
Jadyn Corder, St. John-End-Lac
Lillian Zimmerman, Naselle

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 2 Finals					
1	454	Karina Lervick	11	Mt Vernon Chr.	25-07.25
2	220	Tara Christie	9	Evergreen Lutheran	29-04.00
3	155	Annaliese Johnson	12	Concordia Chr.	29-10.00
4	157	Anneka Siems	11	Concordia Chr.	30-04.25
5	255	Emily Fredrickson	11	Grace Academy	30-07.50
6	392	Emma Patrick	9	Lopez	30-09.00
7	116	Hannah Olson	12	Clallam Bay	30-10.00
8	807	Jada Liulamaga	10	Yakama Nat. Tri.	31-02.00

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Flight 2 of 2 Finals...(Event 34 Girls Shot Put 1B)

1	571	Raelin Borley	9	Pomeroy	31-03.00
2	699	Drew Curtis-Brewer	11	St. John-End-Lac	31-05.00
3	546	Caitlyn Schuh	11	Odessa	32-00.00
4	137	Lexi Nelson	10	Columbia (Hunters)	32-01.50
5	724	Nettie Mail	12	Taholah	33-09.00
6	476	Lillian Zimmerman	12	Naselle	34-00.50
7	576	Destany Herbert	12	Pomeroy	35-06.00
8	752	Liz Fink	12	Trout Lake	38-07.00

Event 35 Girls Discus Throw 1B**Saturday 5/25/2019 - 10:00 AM****National: 191-06 2012****Shelbi Vaughan, Mansfield (Texas)****WIAA Meet: 173-01 1998****Mandy Borschowa, Mount Si****1B Meet: 129-06 2011****Andrea Heinen, Cusick****2018 1st: 118-05 2018****Jadyn Corder, St. John-End-Lac****2018 2nd: 111-11 2018****Destany Herbert, Pomeroy****2018 3rd: 110-07 2018****Celisha Ralston, Taholah**

Pos	Comp#	Name	Year	School	Seed Mark
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Flight 1 of 2 Finals

1	155	Annaliese Johnson	12	Concordia Chr.	68-05
2	482	Faye Martinez	11	Neah Bay	70-03
3	456	Becca Pedrosa	11	Mt Vernon Chr.	71-03
4	158	Reagan Taylor	12	Concordia Chr.	74-01
5	220	Tara Christie	9	Evergreen Lutheran	81-00
6	156	Emily Peters	10	Concordia Chr.	84-08
7	137	Lexi Nelson	10	Columbia (Hunters)	88-10
8	541	Aliya Rutledge	12	Oakesdale	90-00

Flight 2 of 2 Finals

1	199	Emily Smith	11	Easton	95-00
2	214	Rebecca Giacomazzi	12	Entiat	96-01
3	725	Celisha Ralston	12	Taholah	97-10
4	474	Ellie Miller	12	Naselle	100-05
5	576	Destany Herbert	12	Pomeroy	102-09
6	676	Kelley McElroy	12	Shoreline Chr.	104-05
7	546	Caitlyn Schuh	11	Odessa	106-08
8	537	Lauryn Rawls	11	Oakesdale	114-02

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**Event 36 Girls Javelin Throw 1B
Saturday 5/25/2019 - 12:30 PM**

National:	185-08	2015	Madison Wiltrout, Connellsville (Pa.)
WIAA Meet:	167-09	2011	Christine Kirkwood, Othello
1B Meet:	133-08	2018	Kaitlyn Ream, Christian Faith
2018 1st:	133-08	2018	Kaitlyn Ream, Christian Faith
2018 2nd:	117-11	2018	Liz Fink, Trout Lake
2018 3rd:	109-09	2018	Denise Dolan, Taholah

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 2 Finals					
1	477	Brannndi Bowechop	9	Neah Bay	75-09
2	111	Vanessa Tercero	11	Christian Faith	75-09
3	400	Dezirae Toby	12	Lummi	77-02
4	454	Karina Lervick	11	Mt Vernon Chr.	78-10
5	672	Ava DeKoekkoek	9	Shoreline Chr.	82-00
6	116	Hannah Olson	12	Clallam Bay	91-02
7	472	Emma Colombo	10	Naselle	94-04
8	697	Brooklyn Bailey	9	St. John-End-Lac	97-07
Flight 2 of 2 Finals					
1	504	Brianna Young	10	Northport	100-00
2	704	Autumn Meyers	12	St. John-End-Lac	101-00
3	700	Alynn Harder	12	St. John-End-Lac	108-07.50
4	723	Denise Curleybear	12	Taholah	109-01
5	541	Aliya Rutledge	12	Oakesdale	109-11
6	214	Rebecca Giacomazzi	12	Entiat	110-00
7	752	Liz Fink	12	Trout Lake	117-05
8	108	Kaitlyn Ream	12	Christian Faith	137-08

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Event 37 Girls High Jump 1B**Friday 5/24/2019 - 10:00 AM**

National:	6-04	2009	Toni Young, Del City (Okla.)
WIAA Meet:	6-01	1983	Mary Moore, Issaquah
1B Meet:	5-08	2018	Kaylee Sowle, Mary M. Knight
2018 1st:	5-08	2018	Kaylee Sowle, Mary M. Knight
2018 2nd:	5-06	2018	Julia Hayes, Valley Christian
2018 3rd:	5-00	2018	Emma Perry, Oakesdale

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 1 Finals					
1	222	Grace Gibson	10	Evergreen Lutheran	3-06.00
2	221	Sarah Crawford	10	Evergreen Lutheran	3-10.00
3	588	Isabella Pettis	10	Pope John Paul 2	4-02.00
4	249	Nahaleigh Schuster	10	Glenwood	4-04.00
5	10	LeeAnn Couvillier	9	Almira C-H	4-04.00
6	118	Miriam Wonderly	12	Clallam Bay	4-04.00
7	600	Emi Bezman	12	Pug. Sound Adv.	4-04.00
8	570	Anna Williams	10	Pateros	4-04.00
9	505	Hailey Young	12	Northport	4-06.00
10	704	Autumn Meyers	12	St. John-End-Lac	4-08.00
11	722	Sarah Van Liew	12	Tacoma Baptist	4-08.00
12	476	Lillian Zimmerman	12	Naselle	4-08.00
13	536	Bree Rawls	9	Oakesdale	4-10.00
14	763	Julia Hayes	12	Valley Christian	5-00.00
15	414	Kaylee Sowle	12	Mary M. Knight	5-06.00

Event 38 Girls Pole Vault 1B**Friday 5/24/2019 - 1:00 PM**

National:	14-04	2017	Rachel Baxter, Anaheim Canyon (Calif.)
WIAA Meet:	13-08.50	2018	Chloe Cunliffe, West Seattle
1B Meet:	10-03	2015	Melyssa Whitener, Mount Vernon Chr.
2018 1st:	9-03	2018	Sydney Watko, Pomeroy
2018 2nd:	9-00	2018	Brooklyn Emerson, Glenwood
2018 3rd:	9-00	2018	Kira Harvey, Bickleton

Pos	Comp#	Name	Year	School	Seed Mark
Flight 1 of 1 Finals					
1	455	Maddy Nielsen	9	Mt Vernon Chr.	6-00.00
2	464	Neala Ike	10	Muckleshoot Tribal	6-00.00
3	473	Grace Hunt	9	Naselle	6-00.00
4	702	Rachel Larsen	11	St. John-End-Lac	7-00.00
5	706	Lauren Stubbs	11	St. John-End-Lac	7-00.00
6	572	Katie Boyer	8	Pomeroy	7-00.00
7	701	Olivia Larsen	12	St. John-End-Lac	7-06.00
8	573	Alex Bremer	12	Pomeroy	7-06.00
9	750	Isabella Dean	11	Trout Lake	7-08.00
10	475	Sophie Scrapeck	12	Naselle	8-00.00
11	751	Gynel Duke	8	Trout Lake	8-00.00
12	248	Brooklyn Emerson	11	Glenwood	8-06.00