

# 2018-2019 WIAA DIVING FORM

For Eleven Dive Competitions

( Dive #'s, Descriptions and DD Values are listed in the NFHS Rule Book )

<b><u>Diving Order</u></b>
Prelim
Semi
Final

Name \* \_\_\_\_\_

School \* \_\_\_\_\_ Grade \* \_\_\_\_\_

Date \* \_\_\_\_\_ Meet \* \_\_\_\_\_

<b><u>Final Place</u></b>
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1A/2A	*	
3A	*	
4A	*	

DIVE #	A B C D	DIVE DESCRIPTION (as listed in the NFHS rule book) (PLEASE PRINT)	JUDGES SCORES							TOTAL SCORE	DIVE D.D	Final Dive Score
			# 1	# 2	# 3	# 4	# 5	# 6	# 7			
<b>PRELIMS</b>			<b>2 VOLUNTARY 3 OPTIONAL</b>							<b>(circle the Dive # and DD of the Voluntary dives)</b>		
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.
<b>SEMI FINALS</b>			<b>2 VOLUNTARY 1 OPTIONAL</b>							<b>(circle the Dive # and DD of the Voluntary dives)</b>		
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.
<b>FINALS</b>			<b>1 VOLUNTARY 2 OPTIONAL</b>							<b>(circle the Dive # and DD of the Voluntary dives)</b>		
*	*	*								*		.
*	*	*								*		.
*	*	*								*		.

**TOTAL POINTS**

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Diver's Signature \* \_\_\_\_\_

Coach's Signature \* \_\_\_\_\_

Referee's Initials (Pre) \_\_\_\_\_ Signature (Final) \_\_\_\_\_

TOTAL D.D. VOLUNTARY DIVES \* \_\_\_\_\_

TOTAL D.D. OPTIONAL DIVES \* \_\_\_\_\_

**DIVER / COACH PLEASE COMPLETE ALL AREAS MARKED (\*) IN PENCIL - PLEASE PRINT**

CTUCK B PIKE A STRAIGHT D FREE				CTUCK B PIKE A STRAIGHT D FREE			
				TWIST DIVES			
<b>FORWARD DIVES</b>							
101 Forward Dive	1.2	1.3	1.4	—	5124 Forward 1 SS, 2 Twists	—	2.3
102 Forward 1 SS	1.4	1.5	1.6	—	5126 Forward 1 SS, 3 Twists	—	2.8
103 Forward 1 1/2 SS	1.6	1.7	2.0	—	5131 Forward 1 1/2 SS, 1/2 Twist	—	2.0
104 Forward 2 SS	2.2	2.3	2.6	—	5132 Forward 1 1/2 SS, 1 Twist	—	2.2
105 Forward 2 1/2 SS	2.4	2.6	—	—	5134 Forward 1 1/2 SS, 2 Twists	—	2.6
106 Forward 3 SS	2.9	3.2	—	—	5136 Forward 1 1/2 SS, 3 Twists	—	3.1
107 Forward 3 1/2 SS	3.0	3.3	—	—	5142 Forward 2 SS, 1 Twist	2.6	2.7
112 Forward Flying 1 SS	1.6	1.7	—	—	5152 Forward 2 1/2 SS, 1 Twist	3.0	3.2
113 Forward Flying 1 1/2 SS	1.8	1.9	—	—	5211 Back Dive, 1/2 Twist	—	1.8
<b>BACK DIVES</b>							
201 Back Dive	1.5	1.6	1.7	—	5212 Back Dive, 1 Twist	—	2.0
202 Back 1 SS	1.5	1.6	1.7	—	5221 Back 1 SS, 1/2 Twist	—	1.7
203 Back 1 1/2 SS	2.0	2.3	2.5	—	5222 Back 1 SS, 1 Twist	—	1.9
204 Back 2 SS	2.2	2.5	—	—	5223 Back 1 SS, 1 1/2 Twists	—	2.3
205 Back 2 1/2 SS	3.0	3.2	—	—	5225 Back 1 SS, 2 1/2 Twists	—	2.7
<b>REVERSE DIVES</b>							
301 Reverse Dive	1.6	1.7	1.8	—	5227 Back 1 SS, 3 1/2 Twists	—	3.2
302 Reverse 1 SS	1.6	1.7	1.8	—	5231 Back 1 1/2 SS, 1/2 Twist	—	2.1
303 Reverse 1 1/2 SS	2.1	2.4	2.7	—	5233 Back 1 1/2 SS, 1 1/2 Twists	—	2.5
304 Reverse 2 SS	2.3	2.6	2.9	—	5235 Back 1 1/2 SS, 2 1/2 Twists	—	2.9
305 Reverse 2 1/2 SS	3.0	3.2	—	—	5251 Back 2 1/2 SS, 1/2 Twist	2.7	2.9
<b>INWARD DIVES</b>							
401 Inward Dive	1.4	1.5	1.8	—	5311 Reverse Dive, 1/2 Twist	—	1.9
402 Inward 1 SS	1.6	1.7	2.0	—	5312 Reverse Dive, 1 Twist	—	2.1
403 Inward 1 1/2 SS	2.2	2.4	—	—	5321 Reverse 1 SS, 1/2 Twist	—	1.8
404 Inward 2 SS	2.8	3.0	—	—	5322 Reverse 1 SS, 1 Twist	—	2.0
405 Inward 2 1/2 SS	3.1	3.4	—	—	5323 Reverse 1 SS, 1 1/2 Twists	—	2.4
412 Inward Flying SS	2.0	2.1	—	—	5325 Reverse 1 SS, 2 1/2 Twists	—	2.8
413 Inward Flying 1 1/2	2.7	2.9	—	—	5331 Reverse 1 1/2 SS, 1/2 Twist	—	2.2
<b>TWIST DIVES</b>							
5111 Forward Dive, 1/2 Twist	1.6	1.7	1.8	—	5333 Reverse 1 1/2 SS, 1 1/2 Twists	—	2.6
5112 Forward Dive, 1 Twist	—	1.9	2.0	—	5335 Reverse 1 1/2 SS, 2 1/2 Twists	—	3.0
5121 Forward 1 SS, 1/2 Twist	—	—	—	1.7	5351 Reverse 2 1/2 SS, 1/2 Twists	2.7	2.9
5122 Forward 1 SS, 1 Twist	—	—	—	1.9	5411 Inward Dive, 1/2 Twis	—	1.7
					5412 Inward Dive, 1 Twist	—	1.9
					5421 Inward 1 SS, 1/2 Twist	—	2.2
					5422 Inward 1 SS, 1 Twist	—	1.9
					5432 Inward 1 1/2 SS, 1 Twist	—	2.1
					5434 Inward 1 1/2 SS, 2 Twists	—	2.7
					Dive C B A D No. Tuck Pike Straight Free	—	3.1
					Dive C B A D No. Tuck Pike Straight Free	—	—