

WIAA 6 Dive - Dive Form

Final Place

<u>Dive Order</u>	Name *		
	School *		
	Date *	Meet vs *	

2A *

3A *

4A *

DIVER / COACH PLEASE COMPLETE ALL AREAS MARKED (*) IN PENCIL - PLEASE PRINT

DIVE #	A B C D	DIVE DESCRIPTION (as listed in the NFHS rule book) (PLEASE PRINT)	JUDGE'S SCORES					JUDGE'S TOTAL SCORE	DIVE D.D	Final Dive Score
			# 1	# 2	# 3	# 4	# 5			

Dive #1 is the dive of the week (see chart below) use any dive in that group & use it's assigned DD. If the dive has a DD higher than 1.8 you still have to use 1.8 as the assigned DD.

1*	*	*
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Dives #2 thru #6 must cover 4 of the 5 dive groups (dive of the week cannot be repeated)

2*	*	*
3*	*	*
4*	*	*
5*	*	*
6*	*	*

Diver's Signature *	Total Dive Points	
Coach's Signature *		
Referee's Initials (Pre) Signature (Final)		

Dive of the week

Week	Dive Group	Girls	Boys
1	Forward	Sept. 3 to Sept. 9	Nov. 26 to Dec. 2
2	Back	Sept. 10 to Sept. 16	Dec. 3 to Dec. 9
3	Inward	Sept. 17 to Sept. 23	Dec. 10 to Dec. 16
4	Twist	Sept. 24 to Sept. 30	Dec. 17 to Dec. 23
5	Reverse	Oct. 1 to Oct. 7	Dec. 24 to Dec. 30
6	Forward	Oct. 8 to Oct. 14	Dec. 31 to Jan. 6
7	Back	Oct. 15 to Oct. 21	Jan. 7 to Jan. 13
8	Inward	Oct. 22 to Oct. 28	Jan. 14 to Jan. 20
9	Twist	Oct. 29 to Nov. 4	Jan. 21 to Jan. 27
10	Reverse		Jan. 28 to Feb. 3

CTUCK B PIKE A STRAIGHT D FREE				CTUCK B PIKE A STRAIGHT D FREE			
				TWIST DIVES			
FORWARD DIVES							
101 Forward Dive	1.2	1.3	1.4	—	5124 Forward 1 SS, 2 Twists	—	2.3
102 Forward 1 SS	1.4	1.5	1.6	—	5126 Forward 1 SS, 3 Twists	—	2.8
103 Forward 1 1/2 SS	1.6	1.7	2.0	—	5131 Forward 1 1/2 SS, 1/2 Twist	—	2.0
104 Forward 2 SS	2.2	2.3	2.6	—	5132 Forward 1 1/2 SS, 1 Twist	—	2.2
105 Forward 2 1/2 SS	2.4	2.6	—	—	5134 Forward 1 1/2 SS, 2 Twists	—	2.6
106 Forward 3 SS	2.9	3.2	—	—	5136 Forward 1 1/2 SS, 3 Twists	—	3.1
107 Forward 3 1/2 SS	3.0	3.3	—	—	5142 Forward 2 SS, 1 Twist	2.6	2.7
112 Forward Flying 1 SS	1.6	1.7	—	—	5152 Forward 2 1/2 SS, 1 Twist	3.0	3.2
113 Forward Flying 1 1/2 SS	1.8	1.9	—	—	5211 Back Dive, 1/2 Twist	—	1.8
BACK DIVES					5212 Back Dive, 1 Twist	—	2.0
201 Back Dive	1.5	1.6	1.7	—	5221 Back 1 SS, 1/2 Twist	—	1.7
202 Back 1 SS	1.5	1.6	1.7	—	5222 Back 1 SS, 1 Twist	—	1.9
203 Back 1 1/2 SS	2.0	2.3	2.5	—	5223 Back 1 SS, 1 1/2 Twists	—	2.3
204 Back 2 SS	2.2	2.5	—	—	5225 Back 1 SS, 2 1/2 Twists	—	2.7
205 Back 2 1/2 SS	3.0	3.2	—	—	5227 Back 1 SS, 3 1/2 Twists	—	3.2
REVERSE DIVES					5231 Back 1 1/2 SS, 1/2 Twist	—	2.1
301 Reverse Dive	1.6	1.7	1.8	—	5233 Back 1 1/2 SS, 1 1/2 Twists	—	2.5
302 Reverse 1 SS	1.6	1.7	1.8	—	5235 Back 1 1/2 SS, 2 1/2 Twists	—	2.9
303 Reverse 1 1/2 SS	2.1	2.4	2.7	—	5251 Back 2 1/2 SS, 1/2 Twist	2.7	2.9
304 Reverse 2 SS	2.3	2.6	2.9	—	5311 Reverse Dive, 1/2 Twist	—	1.9
305 Reverse 2 1/2 SS	3.0	3.2	—	—	5312 Reverse Dive, 1 Twist	—	2.1
INWARD DIVES					5321 Reverse 1 SS, 1/2 Twist	—	1.8
401 Inward Dive	1.4	1.5	1.8	—	5322 Reverse 1 SS, 1 Twist	—	2.0
402 Inward 1 SS	1.6	1.7	2.0	—	5323 Reverse 1 SS, 1 1/2 Twists	—	2.4
403 Inward 1 1/2 SS	2.2	2.4	—	—	5325 Reverse 1 SS, 2 1/2 Twists	—	2.8
404 Inward 2 SS	2.8	3.0	—	—	5331 Reverse 1 1/2 SS, 1/2 Twist	—	2.2
405 Inward 2 1/2 SS	3.1	3.4	—	—	5333 Reverse 1 1/2 SS, 1 1/2 Twists	—	2.6
412 Inward Flying SS	2.0	2.1	—	—	5335 Reverse 1 1/2 SS, 2 1/2 Twists	—	3.0
413 Inward Flying 1 1/2	2.7	2.9	—	—	5351 Reverse 2 1/2 SS, 1/2 Twists	2.7	2.9
TWIST DIVES					5411 Inward Dive, 1/2 Twis	—	2.0
5111 Forward Dive, 1/2 Twist	1.6	1.7	1.8	—	5412 Inward Dive, 1 Twist	—	1.9
5112 Forward Dive, 1 Twist	—	1.9	2.0	—	5421 Inward 1 SS, 1/2 Twist	—	2.2
5121 Forward 1 SS, 1/2 Twist	—	—	—	—	5422 Inward 1 SS, 1 Twist	—	2.1
5122 Forward 1 SS, 1 Twist	—	—	—	1.9	5432 Inward 1 1/2 SS, 1 Twist	—	2.7
					5434 Inward 1 1/2 SS, 2 Twists	—	3.1
					Dive C B A D No. Tuck Pike Straight Free		
					Dive C B A D No. Tuck Pike Straight Free		