

# 2018-19 WASHINGTON INTERSCHOLASTIC ACTIVITIES ASSOCIATION HANDBOOK

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## 29.0.0 BASEBALL

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### 29.1.0 SENIOR HIGH SCHOOL BASEBALL

#### 29.5.0 PITCHER LIMITATION

**29.5.1** The pitching limitation rule applies during all regular season and postseason games, as well as to tied, suspended, discontinued or protested games.

**29.5.2** The pitching limitation rule is based upon the number of pitches thrown during a calendar day with a maximum of 105 pitches in a calendar day. **At the beginning of the at bat, if the pitch count is less than 105, a pitcher will be allowed to finish the at bat.**

29.5.3 High school pitching limitation

# PITCHES	REQUIRED REST
76 - 105	3 calendar days
51 - 75	2 calendar days
31 - 50	1 calendar day
1 - 30	0 days

29.5.4 Counting pitches

- A. Every legal or illegal pitch thrown from the pitching mound to a batter will count toward the pitching limitation.
- B. The home scorebook will be official recording for pitch counts unless otherwise designated by the schools, league, WIAA district, or the WIAA state office.

### 29.61.0 MIDDLE LEVEL SCHOOL BASEBALL

#### 29.65.0 PITCHER LIMITATION

29.65.1 The pitching limitation rule applies during all regular season games, as well as to tied, suspended, discontinued or protested games.

**29.65.2** The pitching limitation rule is based upon the number of pitches thrown during a calendar day with a maximum of 80 pitches in a calendar day. **At the beginning of the at bat, if the pitch count is less than 80, a pitcher will be allowed to finish the at bat.**

29.65.3 Middle level pitching limitation

# PITCHES	REQUIRED REST
61 - 80	3 calendar days
41 - 60	2 calendar days
21 - 40	1 calendar day
1 - 20	0 days

29.65.4 Counting pitches

- A. Every legal or illegal pitch thrown from the pitching mound to a batter will count toward the pitching limitation.
- B. The home scorebook will be official recording for pitch counts unless otherwise designated by the schools or league.