

### To Participate in Junior High/Middle School Athletics You Must:

1. Not have reached your 16<sup>th</sup> birthday prior to June 1 of the previous school year to participate in **junior high school** athletics.
2. Not have reached your 15<sup>th</sup> birthday prior to June 1 of the previous school year to participate in **middle school** athletics.
3. Be enrolled and in regular attendance within the first 15 school days of the current semester or ten (10) school days of the current trimester in order to participate in the current semester/trimester.
4. Maintain passing grades in a minimum of one less than the maximum number of classes provided in the school's class schedule for full time students (e.g., Three (3) classes in a four (4) period schedule or four (4) classes in a five (5) period schedule).
5. Have athletic injury insurance approved by your school (if required).
6. Have passed a physical examination from a medical authority licensed to perform a physical examination. Physical exams are good for 24 months from the date of the exam. The medical authorities licensed and approved by law to give physicals include M.D.; Doctor of Osteopathy, D.O.; Certified Registered Nurse (A.R.N.P.) and Physician's Assistant (P.A.); Naturopathic Physicians (N.D.).

### To Participate in Interscholastic Athletics You:

7. Cannot be eligible for more than six consecutive years after beginning the seventh (7<sup>th</sup>) grade.
8. Cannot accept, from any source, awards of intrinsic value except letters awarded by your school or medals or trophies given in high school contests.
9. Cannot accept any merchandise totaling more than \$500.00 in retail value in one calendar year. Cannot accept a cash award. Cannot play on any professional team in any sport, nor sign a professional athletic contract nor enter a competition under an assumed name.

### Your Eligibility May Be Subject to Special Rules:

10. If you want to participate in non-school athletic activities.
11. If your family does not live in the school district in which you attend.

**NOTE: There may be more restrictive school and/or league requirements in addition to the above rules. Consult your principal or athletic administrator and the school, league and WIAA Handbook for precise wording or regulations.**