



Revisions from a previous document will be date stamped and highlighted in yellow

SPORT: Tennis WIAA STAFF LEAD: Andy Barnes

Committee: Tennis Contingency Planning Committee Recommendations

Considering all recommendations by the General WIAA guidelines and the SMAC guidelines, the following are the specific guidelines for Tennis:

The NFHS has determined that Tennis is moderate risk. Sports that involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports OR sports that use equipment that can't be cleaned between participants.

*Could potentially be considered "Lower Risk" with appropriate cleaning of equipment and use of masks by participants

Points of Emphasis: Physical distancing must be followed and hygiene basics adhered to in all situations.

Table with 2 columns: Special Considerations for the use of the following equipment; Special Considerations for the use of the following components of the facility. Lists items like Tennis Balls, Rackets, Nets, Fences/Gates, etc.

Washington's Phase 2

- Locker rooms should not be utilized. Students should report to workouts in proper gear and immediately return home to shower at the end of the workout.
Workouts should be conducted in "pods" of students with the same students always working out together.
There must be a minimum distance of 6 feet between each individual at all times.
There should be no shared athletic equipment (towels, clothing, shoes, or specific equipment) between students.

- Students should wear their own appropriate workout clothing (do not share clothing.) Individual clothing/towels/knee pads should be washed and cleaned after every workout.
- Individual drills requiring the use of athletic equipment are permissible, but the equipment should be cleaned prior to use by the next individual (weight equipment.)
- Balls – A player should not use a ball that others touch any manner. The same balls in each pod of 5 (the pod of 5 will use the same balls through the entire practice and not be shared with another pod); sanitize the balls if the pod rotates to a different coach, after each session and following the completion of the practice
- Recommendations for use of Tennis Balls:
 - Open two cans of tennis balls that do not share the same number on the ball.
 - Take one set of numbered balls, and have your playing partner take a set of balls from the other can.
 - Proceed with play, making sure to pick up your set of numbered balls only. Should a ball with the other number wind up on your side of the court, do not touch the ball with your hands. Use your racquet head or feet to advance the ball to the other side of the court.
- Individual drills requiring the use of athletic equipment are permissible, but the equipment should be cleaned prior to use by the next individual.

Washington's Phase 3 (modified Tennis practices may begin)

- Workouts should be conducted in “pods” of students with the same 5-10 (includes coaches and participants) always working out together. This ensures more limited exposure if someone develops an infection.
- There must be a minimum distance of 6 feet between each individual at all times. Appropriate physical distancing will need to be maintained on sidelines and benches during practices. Consider using tape or paint as a guide for students and coaches.
- Individual drills requiring the use of athletic equipment are permissible, but the equipment should be cleaned prior to use by the next individual (weight equipment.)
- Balls may be passed/shared, provided students wash their hands before and after the practice
- Individual drills requiring the use of athletic equipment are permissible, but the equipment should be cleaned prior to use by the next individual.
- Ball machines may be used (recommended that one single person or ball shagger is used to pick up balls)

Washington's Phase 4 (Tennis practices and competitions may begin)

- When not directly participating in practices or contests, care should be taken to maintain a minimum distance of 3 to 6 feet between each individual. Consider using tape or paint as a guide for students and coaches.
- Hydration stations may be utilized but must be cleaned after every practice or competition.
- No pre-game and post-game handshakes/high-fives/fist bumps.
- All field equipment should be cleaned and sanitized after set up and before contest.
- Each school is responsible to bring towels (if necessary).
- Recommend face coverings be worn during the captains meeting.
- Each team is responsible for its own hand sanitizer and its own med kit.
- Sanitized back up balls should be available (someone needs to be designated to sanitize the ball.)
- Maintain physical distancing when switching sides of the court

Considerations for Judges, Coaches, Other Personnel

- Schools should have officials' information in order to track contacts (may be accessible through Arbiter.)
- Coaches, officials and other contest personnel must wear cloth face coverings at all times (artificial noisemakers such as an air horn or a timer system with an alarm can be used to signal in place of a traditional whistle).
- Officials must come dressed to officiate; a locker room will not be provided.
- A separate bathroom should be provided for officials when possible.
- Officials are recommended to bring their own food and water.
- Electronic whistles are preferred.
- Officials must be spaced 3-6 feet apart.
- Officials will not be expected to monitor the physical distancing; each person is responsible.
- Cleaning supplies should be available on site with devices sanitized between uses.