

# WSGCA

## High School Gymnastics

## Coaches

## Clinic 2019

When

**November 17, 2019**

**10:30 am check in**

**11:00 am- 4:00 pm clinic**

**Lunch provided by WSGCA**

Where

**GYMagine Gymnastics**

**3616 South Rd #B3**

**Mukilteo, WA 98275**

Clinic Topics

WIAA UPDATE, DEAN'S RULES UPDATE,  
BEGINNER TO INTERMEDIATE SPOTTING,  
WSGCA REPORT, MENTAL TRAINING,  
EQUIPMENT INFO, VENDORS AND MORE!

Pre-Register:

Send check or PO's to

Karen Trnum/WSGCA

2934 Langridge Loop NW

Olympia, WA 98502

Registration

questions:

Karen Trnum:

WSGCA@outlook.com

Pre-Registration

Price:

\$65 .00 WSCA Members

\$75 .00 non- members

At the door

\$85.00

To avoid the "at the door" price,  
be sure to have registration forms  
to Karen by the Tuesday  
November 12, 2019.

General Clinic

Questions:

WSGCA@outlook.com

**NEW THIS YEAR...**

**WSGCA GENERAL**

**MEMBERSHIP**

**MEETING TO BE**

**HELD AT THE**

**CLINIC!**

# WSGCA

## High School gymnastics 2019 Coaches Clinic

### Registration

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

School: \_\_\_\_\_

WSCA Member

Yes  No

please complete one registration form per coach.  
Checks and PO's may be combined.

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