

**2004 WIAA/Dairy Farmers of Washington/Les Schwab Tires  
3A Boys Track & Field Championships**

**3A Boys 100 Meter Dash**

Finals

1 Taylor Mays	10	O'Dea	10.88
2 Chancellor Young	12	O'Dea	10.92
3 Jonathan Stewart	11	Timberline	10.95
4 Bruce Hubbard	12	Peninsula	10.99
5 Randy Bacon	12	Washington	11.25
6 Brandon Jones	10	O'Dea	11.29
7 Quinton Jackson	12	Renton	11.33
8 Brett Igbino	11	Cheney	11.50

**3A Boys 200 Meter Dash**

Finals

1 Taylor Mays	10	O'Dea	22.27
2 Chancellor Young	12	O'Dea	22.34
3 Randy Bacon	12	Washington	22.66
4 Attrail Snipes	11	Rainier Beach	22.71
5 Quinton Jackson	12	Renton	22.94
6 Trevor Rollinger	12	West Valley (Yakima)	23.01
7 Timothy Smalls	11	West Seattle	23.08
8 Adam Abusamha	12	Black Hills	23.16

**3A Boys 400 Meter Dash**

Finals

1 Quinton Jackson	12	Renton	48.93
2 Randy Bacon	12	Washington	49.12
3 Attrail Snipes	11	Rainier Beach	49.95
4 Brian Sheldon	12	Mark Morris	50.32
5 James Hardy	12	Black Hills	50.36
6 Marc Smith	10	West Valley (Spokane)	50.60
7 Jude Lizama	12	Lakes HS	50.74
8 EJ Schoen	12	West Valley (Yakima)	51.14

**3A Boys 800 Meter Run**

Finals

1 Jonah Rathbun	12	Lakeside	1:54.89
2 Austin Abbott	12	WF West	1:55.25
3 Nectaly Barbosa	9	Prosser	1:55.41
4 Tommy Stover	11	Bishop Blanchet	1:55.70
5 Connor Kilpatric	12	Seattle Prep	1:57.60
6 John Riak	12	North Thurston	1:58.55
7 Brian Govier	11	Mercer Island	2:00.56
8 Cordero Cisneros	11	Grandview	2:01.04

**3A Boys 1,600 Meter Run**

Finals

1 Austin Abbott	12	WF West	4:14.31
2 Nectaly Barbosa	9	Prosser	4:15.83
3 Brian Govier	11	Mercer Island	4:17.59

4	John Riak	12	North Thurston	4:19.03
5	Nolan Amy	12	Bainbridge	4:20.55
6	Chris Ahl	11	Bishop Blanchet	4:21.02
7	Ryan Huff	12	Franklin Pierce	4:22.92
8	Jon Harding	12	Issaquah	4:22.94
9	Chris Rodriguez	11	Kelso	4:24.28
10	Sam Ahlbeck	11	Lindbergh	4:24.53
11	Eli Hermann	12	Bellingham	4:25.07
12	James Wilson	12	West Valley (Yakima)	4:25.48
13	Duncan Hendrick	12	Meadowdale	4:26.95
14	Jake Eakin	12	West Valley (Yakima)	4:28.71
15	Woody Favinger	12	Sehome	4:30.40
16	Araya Gobena	12	Nathan Hale	4:31.74
17	Todd Clancy	11	Clover Park	4:40.54

### 3A Boys 3,200 Meter Run

#### Finals

1	Jon Harding	12	Issaquah	9:12.71
2	Nolan Amy	12	Bainbridge	9:17.84
3	Eli Hermann	12	Bellingham	9:18.27
4	Araya Gobena	12	Nathan Hale	9:25.85
5	Chris Rodriguez	11	Kelso	9:28.72
6	Woody Favinger	12	Sehome	9:28.95
7	Mike Lovejoy	12	Seattle Prep	9:28.99
8	John Riak	12	North Thurston	9:29.98
9	Sam Ahlbeck	11	Lindbergh	9:36.26
10	Jake Eakin	12	West Valley (Yakima)	9:41.04
11	Miguel Pineda	12	Tumwater	9:42.10
12	James Wilson	12	West Valley (Yakima)	9:44.16
13	Duncan Hendrick	12	Meadowdale	9:49.66
14	Evan Blanshan	12	Selah	9:55.63
15	Noah Robbins	12	Franklin Pierce	9:56.71
16	Todd Clancy	11	Clover Park	10:17.22

### 3A Boys 110 Meter Hurdles

#### Finals

1	Jake Hanson	11	Yelm	14.44
2	TJ Emrich	12	WF West	14.72
3	Alex Clark	12	Selah	14.84
4	David Pichler	12	Yelm	14.88
5	James Brabant	12	Sequim	14.96
6	Brandon Thorpe	11	Ellensburg	15.17
7	Kyle Eaton	12	Ellensburg	15.61
8	Kyle Still	12	Sehome	15.94

### 3A Boys 300 Meter Hurdles

#### Finals

1	Jake Hanson	11	Yelm	37.91
2	Trevor Rollinger	12	West Valley (Yakima)	38.38
3	James Brabant	12	Sequim	38.39
4	Glenn Milner	12	Lindbergh	39.89
5	David Pichler	12	Yelm	40.02

6 Brandon Stewart	12	Ingraham	40.26
7 Kevin Myhre	12	Meadowdale	41.00
8 Kyle Still	12	Sehome	41.45

### 3A Boys 4x100 Meter Relay

Finals

1 O'Dea	41.92
2 Timberline	42.91
3 West Valley (Yakima)	43.01
4 Renton	43.15
5 Bellevue	43.30
6 Black Hills	43.41
7 Cheney	43.54
8 Lakes	44.03

### 3A Boys 4x400 Meter Relay

Finals

1 West Valley (Yakima)	3:21.52
2 Lakes	3:22.84
3 Lakeside	3:23.41
4 Mark Morris	3:24.12
5 Yelm	3:26.49
6 Mercer Island	3:28.15
7 Ellensburg	3:29.42
8 Black Hills	3:30.49

### 3A Boys Shot Put

Finals

1 Matthew Wauters	12	Bainbridge	64-01.25
2 Victor Asher	11	Columbia River	57-01
3 Matt Eichelberger	12	Sehome	54-03.5
4 Eric Pitner	12	Anacortes	53-08.75
5 Jacob Muai	12	Franklin Pierce	53-05.75
6 Ryan King	11	Skyline	52-09
7 Dan Carter	12	Bellingham	52-08.5
8 Jacob Shanklin	12	Ellensburg	52-04
9 Ryan Flint	12	West Valley (Spokane)	50-04
10 Tiarik Yarborough	11	West Valley (Spokane)	50-00.75
11 Brad Charters	11	Camas	48-06
12 Michael Nahl	12	West Seattle	48-00.25
13 Ray Kim	12	Interlake	47-10.5
14 Korey Morris	10	Renton	47-01.25
15 Dan Trask	12	Aberdeen	46-11
-- Richie Siolo	12	Washington	nd

### 3A Boys Discus Throw

Finals

1 Matthew Wauters	12	Bainbridge	179-08
2 Kai Brown	12	O'Dea	170-04
3 Korey Morris	10	Renton	162-05
4 Keven Lemieux	11	West Valley (Spokane)	156-10
5 Brody Faire	11	Ellensburg	149-03

6 Eric Pitner	12	Anacortes	148-01
7 John Feather	11	Camas	147-08
8 Matt Eichelberger	12	Sehome	146-04
9 Jacob Muai	12	Franklin Pierce	145-02
10 Paul Clary	12	Skyline	145-02
11 Dan Winter	11	North Thurston	141-11
12 Dale Kier	11	Camas	141-01
13 Matt Benson	12	Lynden	139-06
14 Richie Siolo	12	Washington	134-04
15 Ryan King	11	Skyline	132-09
-- Jacob Shanklin	12	Ellensburg	ND

### 3A Boys Javelin Throw

#### Finals

1 Tyler Cathey	11	Hanford	184-07
2 Chris Zambito	12	River Ridge	173-10
3 Jon Jeffreys	12	West Valley (Spokane)	171-05
4 Peter Voorhees	12	Burlington-Edison	171-03
5 Tim Sutton	11	Sequim	170-06
6 Carl Chalmers	12	Newport (Bellevue)	170-01
7 Chris Stockmann	11	Newport (Bellevue)	169-05
8 Rick Melvin	12	White River	168-00
9 Alex Grazda	11	Mount Si	162-09
10 Miles Hewitson	12	Highline	160-06
11 Mark Lincoln	12	Bellingham	155-06
12 Matt Morris	12	Washougal	154-05
13 Brennen Brown	11	Sehome	153-05
14 Beau Hanson	10	WF West	153-04
15 Bob Wilske	10	Cheney	151-04
16 Michael Keller	12	Mount Si	150-09

### 3A Boys Long Jump

#### Finals

1 Jake Hanson	11	Yelm	23-03.5
2 Toneil Pinkney	12	Rainier Beach	23-00.75
3 Houston Gossett	12	Lakeside	23-00.5
4 Steve Bacon	11	Timberline	23-00.25
5 Bernard Bush	11	Washington	22-08
6 Rashad Toussaint	11	West Valley (Spokane)	22-04.25
7 Jordan Estill	12	Sammamish	21-07
8 Josh Watkins	12	Highline	21-06.5
9 Randall Eldridge	12	Lynnwood	21-00.5
10 Shane Hoffman	12	Shorecrest	20-11.5
11 Alex Clark	12	Selah	20-11.25
12 Lonnie Brown	12	RA Long	20-10.25
13 Parys Fox	12	Lynnwood	20-04.75
14 Jeremy Gibb	12	Ellensburg	20-04.5
15 Blaine McConnell	12	Franklin Pierce	20-03.25
16 Brandon Stewart	12	Ingraham	19-08.75

### 3A Boys Triple Jump

#### Finals

1	Rashad Toussaint	11	West Valley (Spokane)	49-02.25
2	David Holmon	11	River Ridge	48-06.25
3	Martrelle Adams	12	River Ridge	47-11.75
4	Toneil Pinkney	12	Rainier Beach	46-08.25
5	Reggie Cole	10	O'Dea	46-00.25
6	Lonnie Brown	12	RA Long	44-11.25
7	Brandon Stewart	12	Ingraham	44-07.25
8	Blaine McConnell	12	Franklin Pierce	43-09.5
9	Jerry Thomas	12	White River	43-07.25
10	Ian Snook	11	Clarkston	43-06
11	Jordan Estill	12	Sammamish	42-10
12	Nick Peach	12	Sehome	42-06
13	Randall Eldridge	12	Lynnwood	42-02.75
14	Scott McKendall	12	Lakes HS	42-01.75
15	Shane Hoffman	12	Shorecrest	42-00.25
16	EJ Schoen	12	West Valley (Yakima)	40-03

### 3A Boys High Jump

#### Finals

1	Kyle Eaton	12	Ellensburg	6-08.0
2	David Holmon	11	River Ridge	6-05.0
3	Raheem Reggler	12	Lakes HS	6-05.0
4	Jeremy Lovell	10	Columbia River	6-04.0
5	Bob Wilske	10	Cheney	6-04.0
6	Brian Burke	12	Interlake	6-04.0
7	Josh Lovell	10	Columbia River	6-04.0
8T	Matt Mead	12	Skyline	6-02.0
8T	Mike Packard	9	Sehome	6-02.0
10	Vince Kinney	11	Lynnwood	6-02.0
11	Ulysses Honeycutt	11	Rainier Beach	6-02.0
12	Cameron Sakamoto	10	Liberty	6-02.0
13	DeSean Brooks	12	Mt. Rainier	6-02.0
14	Armand Hopkins	11	Renton	6-00.0
15	Joe VanVleck	11	Ferndale	5-10.0
--	Brandon Thorpe	11	Ellensburg	nh

### 3A Boys Pole Vault

#### Finals

1	TJ Emrich	12	WF West	15-6.0
2	Loren Duvall	12	Mark Morris	14-6.0
3	Aaron Stroud	12	Burlington-Edison	14-6.0
4	Ryan Fonda	12	Interlake	14-6.0
5	Jacob Jensen	11	Sehome	14-6.0
6T	Mike Dennison	11	Hazen	14-0.0
6T	Kyle Eaton	12	Ellensburg	14-0.0
8	Wes King	10	Peninsula	14-0.0
9	Greg Rogich	10	Yelm	14-0.0
10	Ryan Vu	10	Interlake	13-6.0
11	Chad Weldy	12	Bainbridge	13-6.0
12	Jason Hentz	12	Bellingham	13-6.0
13	Bobby Hood	12	Ellensburg	13-6.0
14	Scott Hanson	11	Highline	12-6.0

15 Brian Cabanting	11	Seattle Prep	12-6.0
16 Tim McCully	12	Camas	12-6.0
17 Leon Stafford	12	Prosser	12-0.0
18 Tristan Hurlbert	11	Sehome	12-0.0

### 2004 3A Boys Track & Field Team Finals

1 O'Dea	61
2 Yelm	43
3 WF West	36
4 Bainbridge	32
5 River Ridge	30
6 West Valley (Yakima)	28
7 Renton	27
8 West Valley (Spokane)	27
9 Ellensburg	24.5
10 Rainier Beach	24
11 Lakeside	22
12 Washington	22
13 Timberline	19
14 Mark Morris	18
15 Lakes	17
16 Sehome	16.5
17 Columbia River	15
18 Prosser	14
19 Sequim	14
20 Burlington-Edison	11
21 Issaquah	11
22 Mercer Island	11
23 Hanford	10
24 Black Hills	9
25 North Thurston	9
26 Anacortes	8
27 Bellingham	8
28 Bishop Blanchet	8
29 Interlake	8
30 Cheney	7
31 Franklin Pierce	7
32 Peninsula	6
33 Seattle Prep	6
34 Selah	6
35 Ingraham	5
36 Lindbergh	5
37 Nathan Hale	5
38 Newport (Bellevue)	5
39 Bellevue	4
40 Kelso	4
41 Skyline	3.5
42 RA Long	3
43 Hazen	2.5
44 Camas	2
45 Meadowdale	2

46 Sammamish	2
47 West Seattle	2
48 Grandview	1
49 Highline	1
50 White River	1