

**2006 WIAA/Dairy Farmers of Washington/Les Schwab Tires
3A Girls Track & Field Championships**

3A Girls 100 Meter Dash

Finals

1	Angela Jensen	11	Fife	12.24
2	Charnay Combs	9	Rainier Beach	12.27
3	Devin Brooks	11	Holy Names	12.42
4	Nkeiru Ugwoaba	12	Highline	12.53
5	Johanna Carr	9	Issaquah	12.62
6	Dominique Radcliffe	12	Kelso	12.75
7	Shene Davis	11	Selah	12.76
8	Madison Yakaboski	9	Mount Si	12.86

3A Girls 200 Meter Dash

Finals

1	Charnay Combs	9	Rainier Beach	25.17
2	Devin Brooks	11	Holy Names	25.65
3	Anna Walters	12	North Central	25.67
4	Nkeiru Ugwoaba	12	Highline	25.76
5	Abigail Richert	10	Issaquah	25.91
6	Mitra Akhavan	12	North Thurston	26.03
7	Johanna Carr	9	Issaquah	26.17
8	Kelly Mason	11	Highline	26.53

3A Girls 400 Meter Dash

Finals

1	Dyneeca Adams	10	Rainier Beach	56.79
2	Anna Walters	12	North Central	57.13
3	Laura Vogel	11	Mercer Island	58.80
4	Mariya Golonko	12	Lynnwood	59.03
5	Jamie Wongwai	11	Camas	59.26
6	Brianna Schmid	10	River Ridge	59.54
7	Crystal Simmons	9	Cheney	59.55
8	Rachael Johnson	11	West Valley (Yakima)	61.79

3A Girls 800 Meter Run

Finals

1	Olivia Sylvester	9	Seattle Prep	2:17.81
2	Lisa Olander	9	West Valley (Yakima)	2:17.91
3	Becca Friday	9	Bellingham	2:20.56
4	Mary Wuest	11	Issaquah	2:20.90
5	April Johnson	9	West Seattle	2:20.96
6	Kelsey Walker	12	Bellevue	2:21.89
7	Sarah Brownell	11	Yelm	2:23.81
8	Elena Brandford	12	Lakeside	2:46.25

3A Girls 1,600 Meter Run

Finals

1	Lisa Olander	9	West Valley (Yakima)	5:01.22
2	Becca Friday	9	Bellingham	5:02.64
3	Kelsey Walker	12	Bellevue	5:03.97

4	Stephanie Marcy	11	Sequim	5:06.38
5	Mary Graesser	11	North Central	5:07.40
6	Theresa Edwards	9	Bonney Lake	5:11.62
7	Emily Schick	11	Squalicum	5:12.52
8	Bronwyn Crossman	10	Squalicum	5:12.63
9	Hannah Jensen	10	Bellingham	5:15.09
10	Chelsea Burns	10	Holy Names	5:15.76
11	Anna Fero	11	Holy Names	5:18.70
12	Kelly Beckham	12	Interlake	5:21.36
13	Melissa Conlin	11	Hazen	5:22.63
14	Sam McGhee	12	Kelso	5:23.26
15	Stephanie Shuel	10	West Valley (Yakima)	5:24.00
16	Erica Fulwider	9	Columbia River	5:36.61
17	Shawna Carlson	12	WF West	5:43.50

3A Girls 3,200 Meter Run

Finals

1	Kelsey Walker	12	Bellevue	10:45.72
2	Bronwyn Crossman	10	Squalicum	10:46.44
3	Stephanie Marcy	11	Sequim	10:53.62
4	Theresa Edwards	9	Bonney Lake	10:58.11
5	Emily Schick	11	Squalicum	11:03.45
6	Mary Graesser	11	North Central	11:07.68
7	Chelsea Burns	10	Holy Names	11:10.16
8	Carol Xu	12	Newport	11:14.49
9	Melissa Conlin	11	Hazen	11:22.07
10	Katherine Ellis	12	Columbia River	11:23.29
11	Hannah Jensen	10	Bellingham	11:35.99
12	Zara Lukens	11	Columbia River	11:43.46
13	Anne Staehel	12	Hanford	11:54.03
14	Jo E Mayer	12	East Valley (Spokane)	11:54.54
15	Anna Fero	11	Holy Names	11:55.15
16	Christina Alexander	10	Tumwater	12:08.18

3A Girls 100 Meter Hurdles

Finals

1	Devin Brooks	11	Holy Names	14.05
2	Angela Jensen	11	Fife	14.09
3	Nia Jackson	11	Chief Sealth	14.69
4	Kayla Standish	10	Ellensburg	14.82
5	Lindsey Lunderman	12	Franklin Pierce	14.87
6	Christy Linde	12	Sunnyside	15.46
7	Elizabeth Mattila	11	Ferndale	15.50
8	Chelsea Conrad	11	Columbia River	15.59

3A Girls 300 Meter Hurdles

Finals

1	Angela Jensen	11	Fife	44.41
2	Elizabeth Mattila	11	Ferndale	44.49
3	Lindsey Lunderman	12	Franklin Pierce	45.41
4	Caitlin Bonney	12	Lynnwood	46.01
5	Jessica Erickson	11	Peninsula	46.57

6 Robyn Robblee	12	Ellensburg	47.13
7 Ginia Limage	12	Fort Vancouver	47.15
8 Jessica Oliver	11	Mount Si	47.55

3A Girls 4x100 Meter Relay

Finals

1 Highline	49.20
2 North Central	49.55
3 Issaquah	49.79
4 West Valley (Yakima)	50.02
5 Rainier Beach	50.05
6 Mount Si	50.47
7 Seattle Prep	50.60
8 Black Hills	50.90

3A Girls 4x200 Meter Relay

Finals

1 Rainier Beach	1:43.67
2 Issaquah	1:44.19
3 South Whidbey	1:45.60
4 North Central	1:45.68
5 Ferndale	1:45.74
6 Selah	1:46.25
7 Franklin Pierce	1:46.48
8 River Ridge	1:47.45

3A Girls 4x400 Meter Relay

Finals

1 Issaquah	3:59.27
2 Liberty	3:59.32
3 Lynnwood	4:01.08
4 Bainbridge	4:01.51
5 Mount Si	4:03.81
6 Bellingham	4:04.14
7 Camas	4:04.24
8 West Valley (Yakima)	4:07.15

3A Girls Shot Put

Finals

1 Ashlee Michelson	12	North Central	41-03.5
2 Emily Jacobsen	12	Sammamish	40-10.5
3 Lindzie Johnson	12	East Valley (Spokane)	38-04
4 Hanna Orendorff	12	Liberty	38-02
5 Jordan Stueckle	11	Selah	37-04
6 Pepper Glessner	12	Holy Names	37-02
7 Kaila Hammond	10	Anacortes	36-09
8 Ashley Gagner	12	Yelm	36-00
9 Gail Considine	11	West Seattle	35-08
10 Anne Barnett	10	Burlington-Edison	35-06.5
11 Sue Hafoka	11	Evergreen (Seattle)	35-03.5
12 Becky Mulkey	11	North Thurston	35-02
13 Kayla Taueli	11	Highline	34-10.5

14 Breezy Wentz	11	Aberdeen	34-10
15 Naomi Afereti	11	Evergreen (Seattle)	33-07
16 Brittany Todhunter	10	Sehome	33-00

3A Girls Discus Throw

Finals

1 Ashlee Michelson	12	North Central	132-10
2 Latrece Weakley	12	Lakes HS	125-02
3 Emily Jacobsen	12	Sammamish	124-09
4 Lindzie Johnson	12	East Valley (Spokane)	124-01
5 Emma Ruggiero	11	South Whidbey	118-07
6 Anne Barnett	10	Burlington-Edison	118-02
7 Breanna Falor	12	Cheney	117-10
8 Kerrin Feather	11	Camas	115-10
9 Violina Vili	12	Evergreen (Seattle)	110-06
10 Emily Pierce	10	Bainbridge	109-09
11 Tephra Brune	11	Mount Si	106-09
12 Desiree' Pettersson	12	Hazen	106-02
13 Blessing Palaita	12	RA Long	102-11
14 Breezy Wentz	11	Aberdeen	97-06
15 Brittany Todhunter	10	Sehome	95-02
16 Gail Considine	11	West Seattle	91-02

3A Girls Javelin Throw

Finals

1 Elise Knutzen	12	Nathan Hale	138-04
2 Whitney Scott	12	Black Hills	122-00
3 Nicole Hyd	11	Aberdeen	117-04
4 Pam Eatock	11	East Valley (Spokane)	116-07
5 Megan Youngblood	9	Camas	114-00
6 Indigo Starr	11	Clarkston	113-05
7 Andrea DePaolo	10	North Central	112-10
8 Tricia Dixon	12	Newport	111-10
9 Jocelyn Riordan	10	Shorecrest	111-00
10 Amanda Harms	11	Issaquah	109-01
11 Kara Bennett	12	Liberty	109-01
12 Erin Campbell	12	Franklin Pierce	106-08
13 Lauren Small	12	Ferndale	105-05
14 Amanda Peterson	11	Peninsula	99-00
15 Kristen Palagruti	11	Franklin Pierce	95-09
16 Caitlynn Larmore	11	South Whidbey	90-07

3A Girls Long Jump

Finals

1 Eleaya Schuerch	11	East Valley (Spokane)	17-03.25
2 Dominique Radcliffe	12	Kelso	17-02.75
3 Maddy Mercier	9	Bishop Blanchet	16-08.25
4 Brittany Almy	9	West Valley (Spokane)	16-04
5 Cora Speidel	11	Shorecrest	16-02
6 Robyn Robblee	12	Ellensburg	16-02
7 Laura Vogel	11	Mercer Island	16-00
8 Symone Shaw	10	Mount Si	15-10.75

9 Carrie Ojeda	9	Franklin Pierce	15-09.5
10 Amanda Alvarez	9	Columbia River	15-09.5
11 Clair Bergam	11	Liberty	15-07.25
12 Danielle Nordlund	10	Burlington-Edison	15-06.75
13 Kinsey Davis	9	Burlington-Edison	15-03.75
14 Whitney Scott	10	Black Hills	15-01.5
15 Kyly Rutherford	11	Peninsula	15-00
16 Makala Williams	9	Lindbergh	12-2.25

3A Girls Triple Jump

Finals

1 Shene Davis	11	Selah	38-01.75
2 Dominique Radcliffe	12	Kelso	37-10.75
3 Nkeiru Ugwoaba	12	Highline	37-10.5
4 Kayla Standish	10	Ellensburg	37-05.5
5 Katie Hayden	12	Sehome	36-09.0
6 Amanda Alvarez	9	Columbia River	36-02.75
7 Amanda Rose	12	WF West	36-01.0
8 Emily Warman	10	Sedro Woolley	36-00.0
9 Eleaya Schuerch	11	East Valley (Spokane)	35-04.0
10 Julianna Sackeyfio	11	Ingraham	34-08.25
11 Chelsea Wirschen	11	Holy Names	34-07.75
12 Mariya Golonko	12	Lynnwood	34-07.5
13 Jennie Pegouskie	12	Lakes HS	34-04.75
14 Carrie Ojeda	9	Franklin Pierce	34-04.0
15 Olivia Ward	9	Cleveland	33-11.5
16 Deviny Mo	12	Newport	32-11.5

3A Girls High Jump

Finals

1 Meghan Dahl	12	Ferndale	5-03.0
2 Irene Lowe	11	Yelm	5-03.0
3 Ashley Bonnell	10	Interlake	5-03.0
4 Cassie Fischer	10	West Valley (Yakima)	5-02.0
5 Melissa Mauro	10	West Valley (Spokane)	5-02.0
6 Kelsie Davis	12	Kelso	5-02.0
7 Sam Berghuis	10	Washougal	5-00.0
8 Amanda Overdick	9	Lynnwood	5-00.0
9 Stephanie Slatt	11	Kennedy	4-10.0
10 Molly Gibson	11	Shorecrest	4-10.0
11 Nicole Vielma	12	Fife	4-10.0
12 Jacklyn Borth	10	Issaquah	4-10.0
13 Britney Courtright	12	Liberty	4-10.0
14 Turner Pigott	11	Bellevue	4-08.0
15 Sally Phnoux	10	Highline	4-08.0
-- Alyssa Wold	9	West Valley (Spokane)	NH

3A Girls Pole Vault

Finals

1 Laura Schvaneveldt	12	Interlake	12-00.0
2 Kendall Mays	12	North Central	12-00.0
3 Alexa Huestis	11	WF West	11-09.0

4	Krista Hoffman	12	North Central	11-06.0
5T	Carrie Hauck	11	Mark Morris	11-00.0
5T	Heidi Dorling	11	Black Hills	11-00.0
5T	Hilary Moore	11	Prosser	11-00.0
8	Elizabeth Andrews	12	Bellevue	11-00.0
9	Dominique Daba	11	Seattle Prep	11-00.0
10	Stephanie Janigo	12	Bellingham	10-06.0
11	Amy Doubet	12	Ferndale	10-00.0
12	Brianna Thomas	11	Burlington-Edison	10-00.0
13	Jackie Goode	10	Clover Park	10-00.0
14	Taylor Fowler	11	Franklin Pierce	9-00.0
15	Amber Williams	10	Peninsula	9-00.0
16	Justine Andreychuk	10	Interlake	8-06.0

2006 3A Girls Track & Field Team Finals

1	North Central	69
2	Rainier Beach	42
3	Issaquah	39
4	West Valley (Yakima)	30
5	Holy Names	29
6	Fife	28
7	Highline	27
8	East Valley (Spokane)	26
9	Ferndale	24
10	Kelso	22
11	Bellevue	20
12	Selah	19
13	Bellingham	17
14	Lynnwood	17
15	Ellensburg	16
16	Interlake	16
17	Squaticum	15
18	Sammamish	14
19	Liberty	13
20	Black Hills	12
21	Franklin Pierce	12
22	Seattle Prep	12
23	Camas	11
24	Sequim	11
25	Yelm	11
26	Mount Si	10
27	Nathan Hale	10
28	South Whidbey	10
29	West Valley (Spokane)	9
30	Bonney Lake	8
31	Lakes	8
32	Mercer Island	8
33	WF West	8
34	Aberdeen	6
35	Bishop Blanchet	6
36	Chief Sealth	6

37 Bainbridge	5
38 Cheney	4
39 Columbia River	4
40 Peninsula	4
41 River Ridge	4
42 Sehome	4
43 Shorecrest	4
44 West Seattle	4
45 Burlington-Edison	3
46 Clarkston	3
47 Mark Morris	3
48 North Thurston	3
49 Prosser	3
50 Sunnyside	3
51 Anacortes	2
52 Fort Vancouver	2
53 Newport	2
54 Washougal	2
55 Lakeside	1
56 Sedro Woolley	1