

**2008 WIAA/Dairy Farmers of Washington/Les Schwab Tires
3A Girls Track & Field Championships**

3A Girls 100 Meter Dash

Finals

1	Morgan Clem	12	Eastmont	11.90
2	Johanna Carr	11	Issaquah	12.10
3	Shealee O'Donnell	10	Skyline	12.11
4	Haley Jacobson	9	Issaquah	12.32
5	Charnay Combs	11	Rainier Beach	J12.32
6	Ariel Reeves	10	Lakes	12.33
7	Devon Wilson	11	Peninsula	12.35
8	Rachel Kirkwood	12	North Thurston	12.37

3A Girls 200 Meter Dash

Finals

1	Charnay Combs	11	Rainier Beach	24.84
2	Shealee O'Donnell	10	Skyline	25.08
3	Germe Poston	10	Franklin Pierce	25.19
4	Chantel Green	12	Ferndale	25.42
5	Johanna Carr	11	Issaquah	25.56
6	Haley Locker	9	Ferndale	25.58
7	Devon Wilson	11	Peninsula	25.94
8	Brianna Welsh	9	Timberline	26.08

3A Girls 400 Meter Dash

Finals

1	Jasmine Cho	11	Newport-Bellevue	56.55
2	Michelle Fero	10	Holy Names	57.07
3	Jacki Hill	12	Bremerton	57.40
4	Alex Bachmeier	9	Yelm	58.17
5	Dyneeca Adams	10	Rainier Beach	58.50
6	Brenna Thompson	9	Shelton	58.54
7	Stephanie Schreiner	10	Enumclaw	59.55
8	Andrea Smith	9	Southridge	60.14

3A Girls 800 Meter Run

Finals

1	Lisa Olander	11	West Valley-Yakima	2:14.18
2	Madeline Rathbun	9	Lakeside	2:16.75
3	Hillary Norris	11	Sumner	2:17.04
4	Bonnie Young	12	Issaquah	2:17.52
5	Bridget Toulouse	10	Blanchet	2:18.27
6	Courtney Zalud	11	Mt Spokane	2:19.93
7	Sophie Curl	11	Squalicum	2:20.26
8	April Johnson	11	West Seattle	2:20.89

3A Girls 1,600 Meter Run

Finals

1	Micheal Paulston	10	Auburn	5:04.17
2	Courtney Zalud	11	Mt Spokane	5:06.08
3	Sophie Curl	11	Squalicum	5:06.59

4	Emilie Gilbert	11	Bellevue	5:12.28
5	Veronica Stinnett	10	Bonney Lake	5:12.29
6	Emily Farrar	12	Bainbridge	5:13.35
7	Haley Piper	11	Mercer Island	5:13.71
8	Bronwyn Crossman	12	Squalicum	5:14.63
9	Chase Lane	11	Auburn Riverside	5:15.43
10	Stephanie Shuel	12	West Valley-Yakima	5:18.03
11	Josie Becker	12	White River	5:19.29
12	Erin Hegarty	9	Hanford	5:24.84
13	Amanda Wright	12	Capital	5:25.21
14	Jillian Altizer	11	Newport-Bellevue	5:26.39
14	Theresa Edwards	11	Bonney Lake	5:26.39
16	Emily Wallen	11	Capital	5:30.27

3A Girls 3,200 Meter Run

Finals

1	Bronwyn Crossman	12	Squalicum	10:59.37
2	Natty Plunkett	12	Newport-Bellevue	10:59.70
3	Chelsea Burns	12	Holy Names	11:09.82
4	Sarah Bobbe	10	Columbia River	11:11.33
5	Amanda Wright	12	Capital	11:13.84
6	Erin Hegarty	9	Hanford	11:18.13
7	Emily Farrar	12	Bainbridge	11:24.21
8	Theresa Edwards	11	Bonney Lake	11:28.13
9	Stephanie Shuel	12	West Valley-Yakima	11:33.83
10	Jillian Altizer	11	Newport-Bellevue	11:34.49
11	Allison Clark	10	Columbia River	11:34.64
12	Veronica Stinnett	10	Bonney Lake	11:36.39
13	Emily Wallen	11	Capital	11:37.36
14	Audrey Urlacher	10	West Valley-Yakima	11:41.40
15	Suzy Olsen	11	Everett	11:49.87
16	Kristina Cordy	9	Peninsula	12:00.11

3A Girls 100 Meter Hurdles

Finals

1	Lori Bourgous	12	East Valley-Spokane	14.78
2	Stephanie Jones	11	Enumclaw	15.04
3	Kiara Williams	11	Skyline	15.06
4	Tanya Bjornsson	11	Ferndale	15.10
5	Diana Keller	11	Mt Si	15.13
6	Chelsea Bourque	10	Southridge	15.19
7	Olivia Johnston	12	Kamiakin	15.41
8	Shelby Rowland	11	Bonney Lake	15.57

3A Girls 300 Meter Hurdles

Finals

1	Morgan Clem	12	Eastmont	43.10
2	Olivia Johnston	12	Kamiakin	44.84
3	Stephanie Jones	11	Enumclaw	45.29
4	Tanya Bjornsson	11	Ferndale	45.66
5	Lori Bourgous	12	East Valley-Spokane	45.95
6	Amber Dodd	10	Skyline	46.20

7 Elaine Tran	11	Issaquah	46.97
8 Kelsie Williams	11	Peninsula	48.37

3A Girls 4x100 Meter Relay

Finals

1 Skyline			48.38
1) Kiara Williams	11	2) Shealee O'Donnell	10
3) Kaylyn Berry	11	4) Rachael Butenko	11
2 Southridge			48.54
1) Chelsea Bourque	10	2) LaQuilla Upton	10
3) Andrea Smith	9	4) Kasey McNeill	11
3 Issaquah			48.82
1) Kim Varney	9	2) Haley Jacobson	9
3) Elaine Tran	11	4) Johanna Carr	11
4 Renton			49.43
1) Starr Williams	9	2) Nai Chao	12
3) Mary Powell	12	4) Kanisha Calcote	12
5 Eastmont			49.57
1) Jodi Hocksi	12	2) Courtney Abbott	10
3) Chelsea Putnam	12	4) Devon King	12
6 Ferndale			49.68
1) Haley Locker	9	2) McKensie Clark	10
3) Tanya Bjornsson	11	4) Chantel Green	12
7 Newport-Bellevue			49.89
1) Marie O'Neill	12	2) Jasmine Cho	11
3) Lauren Lafontaine	11	4) Randi Boseman	10
8 Peninsula			50.28
1) Devon Wilson	11	2) Kayla Erickson	10
3) Hannah Gilman	11	4) Melissa Foss	12

3A Girls 4x200 Meter Relay

Finals

1 Southridge			1:42.00
1) Chelsea Bourque	10	2) Andrea Smith	9
3) LaQuilla Upton	10	4) Kasey McNeill	11
2 Ferndale			1:42.93
1) Haley Locker	9	2) McKensie Clark	10
3) Tanya Bjornsson	11	4) Chantel Green	12
3 Skyline			1:43.12
1) Kiara Williams	11	2) Kaylyn Berry	11
3) Danielle Matthews	10	4) Shealee O'Donnell	10
4 Issaquah			1:43.31
1) Johanna Carr	11	2) Kim Varney	9
3) Kaley Allison	10	4) Haley Jacobson	9
5 Eastmont			1:43.32
1) Jodi Hocks	12	2) Jessika Hardgrove	10
3) Devon King	12	4) Morgan Clem	12
6 Mt Si			1:46.06
1) Kayla Mclain	11	2) Natalie Opsvig	10
3) Helen Hasbun	10	4) Katie Woolsey	12
7 Peninsula			1:46.85

	1) Devon Wilson	11	2) Kayla Erickson	10
	3) Hannah Gilman	11	4) Melissa Foss	12
8 Auburn Riverside				1:47.65
	1) Taylor Abrass	9	2) Ariell Swan	11
	3) Gina Hagerty	12	4) Sarah Johnston	10

3A Girls 4x400 Meter Relay

Finals

1 Issaquah				4:00.02
	1) Kim Varney	9	2) Bonnie Young	12
	3) Haida Ikeda	11	4) Kaley Allison	10
2 Bainbridge				4:00.81
	1) Maddy Sheldon	11	2) Lizzy Brackett	12
	3) Sylvia Stellmacher	10	4) Courtney O'Dell	9
3 Eastmont				4:01.77
	1) Hannah Moreland	9	2) Nikki Dotter	11
	3) Morgan Clem	12	4) Devon King	12
4 Mt Spokane				4:03.26
	1) Courtney Zalud	11	2) Tiara Pittman	12
	3) Jenna Canter	12	4) Sarah Craig	10
5 Lakeside				4:05.89
	1) Zoe Furlong	10	2) Tori Borish	12
	3) Whitney Best	9	4) Lara Adekoya	9
6 Enumclaw				4:07.79
	1) Stephanie Schreiner	10	2) Shelby Condon	11
	3) Amanda Gray	10	4) Stephanie Jones	11
7 Sumner				4:10.02
	1) Lauren Bulzomi	9	2) Ashlee Sincraugh	10
	3) Megan McDaniel	10	4) Hillary Norris	11
8 Lakes				4:20.41
	1) Zoe Ostrander	11	2) Micaela Rasmussen	10
	3) Demi Garagan	10	4) Latanya Tidwell	12

3A Girls High Jump

Finals

1 Taymussa Miller	11	Hanford	5-05.00
2 Elise Jepsen	11	Kamiakin	5-02.00
3 Emily Jepsen	12	Kamiakin	5-00.00
3 Allyssa Thompson	12	Kamiakin	5-00.00
3 Marleen de Zoete	9	Camas	5-00.00
3 Kaysie Rozsonits	11	Hazen	5-00.00
7 Virginia Wilson	10	Arlington	J5-00.00
7 Karah Ambrose	11	Columbia River	J5-00.00
9 Latanya Tidwell	12	Lakes	J5-00.00
10 Samantha King	12	Issaquah	J5-00.00
11 Emi Lawson	10	Lakeside	4-10.00
11 Jordyne Jaquish	12	Sunnyside	4-10.00
13 Emily Corona	9	Shorecrest	J4-10.00
14 Tess Peckler	11	Capital	J4-10.00
-- Athena Alvarez	11	Columbia River	NH
-- Barbara Holladay	12	Skyline	NH
-- Brittany Phillio	11	Hazen	NH

-- Ashley Bonnell 12 Interlake NH

3A Girls Pole Vault

Finals

1	Kara Kitchens	12	Kelso	11-09.00
2	Morgan Dunning	12	East Valley-Spokane	11-03.00
3	Kayce Smith	11	Mt Spokane	10-09.00
4	Rachael Severtson	11	Lakeside	10-06.00
5	Shelby Johnson	11	Eastmont	J10-06.00
6	Rachel Wirtz	11	Newport-Bellevue	J10-06.00
7	Whitney Gassaway	12	Columbia River	10-00.00
7	Carly Fitzpatrick	12	Sumner	10-00.00
7	Alexandra Uhrich	10	Union	10-00.00
10	Angela Anderson	12	Bremerton	J10-00.00
11	Melissa Stuckey	12	Kennedy	J10-00.00
12	Angela Gardner	12	Fort Vancouver	9-06.00
13	Cheyenna Pinley	10	Squalicum	J9-06.00
14	Michelle Domini	10	Interlake	8-06.00
15	Preslie Duskin	12	Arlington	8-00.00
--	Michelle Vanderhayden	12	Liberty-Issaquah	NH

3A Girls Long Jump

Finals

1	Emily Warman	12	Sedro-Woolley	18-02.25
2	Allyssa Tompson	12	Kamiakin	17-06.75
3	Jordyne Jaquish	12	Sunnyside	17-00.00
4	Olivia Ward	11	Cleveland	16-11.00
5	Kira Lewis	11	West Valley-Yakima	16-09.75
6	Kayla Davis	11	Kelso	16-07.50
7	Symone Shaw	12	Mt Si	16-07.25
8	Emily Corona	9	Shorecrest	16-05.50
9	Emma Destromp	10	Kelso	16-04.25
10	Makala Williams	11	Lindbergh	16-03.00
11	Ashley Bonnell	12	Interlake	16-02.00
12	Carly Fitzpatrick	12	Sumner	16-01.75
13	Samantha Brewer	12	Olympic	15-06.00
14	Whitney Austin	10	Camas	15-05.00
15	Helen Hasbun	10	Mt Si	15-04.50
16	Brianna Welsh	9	Timberline	15-03.25

3A Girls Triple Jump

Finals

1	Olivia Ward	11	Cleveland	38-05.00
2	Stephanie Jones	11	Enumclaw	37-10.50
3	Amanda Alvarez	11	Columbia River	37-09.50
4	Emily Warman	12	Sedro-Woolley	37-05.00
5	Elise Jepsen	11	Kamiakin	37-02.50
6	Kathleen Mulligan	9	Mt Rainier	36-04.00
7	Kayli Kohlrus	10	Skyline	36-00.75
8	Kayla Davis	11	Kelso	36-00.25
9	Kira Lewis	11	West Valley-Yakima	35-04.50
10	Kaya Mills	11	Newport-Bellevue	35-01.50

11	Athena Alvarez	11	Columbia River	34-08.75
12	Renee Gittins	12	Meadowdale	34-04.00
13	Taymussa Miller	11	Hanford	34-03.75
14	Emma Destromp	10	Kelso	34-03.50
15	Ellyn Erving	10	Blanchet	34-03.00
16	Labasha Alexander	12	Renton	33-08.00

3A Shot Put

Finals

1	Kirsten Smith	12	Everett	39-00.25
2	Kjirsten Jensen	12	Arlington	37-10.00
3	Roylanda Jackson	11	Renton	37-07.00
4	Mady Miller	11	Eastmont	37-02.00
5	Emee Mathew	12	Issaquah	36-03.50
6	Mileka Grager	12	Enumclaw	36-00.25
7	Boryana Atanasova	11	Renton	35-06.50
8	Melissa Yapp	11	Mt Rainier	35-03.75
9	Alisha Larion	12	Mt Si	35-03.25
10	Tressae Herrera	10	North Central	35-02.50
11	Mookie Carter-Vincent	11	Seattle Prep	34-09.75
12	Natosha Lyonais	10	Bonney Lake	34-09.00
13	Emi Lawson	10	Lakeside	34-07.25
14	Amber Miles	12	Kelso	34-01.25
15	Rachel Day	10	North Central	33-08.50
16	Carolina Siofele	11	Union	32-01.00

3A Girls Discus Throw

Finals

1	Kjirsten Jensen	12	Arlington	133-03
2	Kirsten Smith	12	Everett	127-08
3	Carolina Siofele	11	Union	125-07
4	Christina Johnsen	12	Timberline	122-02
5	Rachel Damiano	11	Mt Spokane	120-03
6	Melissa Yapp	11	Mt Rainier	117-10
7	Boryana Atanasova	11	Renton	117-00
8	Claire Schilperoort	12	Sunnyside	113-01
9	Cadie Kneip	12	Bellevue	112-07
10	Mileka Grager	12	Enumclaw	105-02
11	Jessica Kneip	12	Bellevue	104-10
11	Hillary Knight	12	Camas	104-10
13	Kathy Tate	12	East Valley-Spokane	101-01
13	Theresa Johansen	12	Bainbridge	101-01
15	Emee Mathew	12	Issaquah	100-08
16	Jordan Pritchard	12	Clover Park	92-04

3A Girls Javelin Throw

Finals

1	Mileka Grager	12	Enumclaw	134-09
2	Brooke Randall	11	Eastmont	130-11
3	Richelle Stewart	12	Kamiakin	128-07
4	Holleigh Bergstrom	10	Mt Spokane	126-04
5	Kim Harbine	11	Ferndale	123-10

6	Lindsey Snyder	12	Mt Spokane	123-08
7	Britlyn Garrett	12	Skyline	123-01
8	Claire Schilperoort	12	Sunnyside	120-02
9	Anna Adamko	9	Columbia River	119-03
10	Boryana Atanasova	11	Renton	118-00
11	Jackie Goldman	12	Mt Spokane	117-10
12	McKensie Gelber	12	Skyline	115-11
13	Laura Horrigan	12	Blanchet	113-07
14	Jill Karnofski	12	Kelso	113-00
15	Kenisha Macklin	12	Lindbergh	105-02
16	Jordan Pritchard	12	Clover Park	102-02
17	Ayla Mull	12	Capital	101-06
18	Kirsten Smith	12	Everett	100-04
19	Rebecca Teel	12	Liberty-Issaquah	90-09

2008 3A Girls Track & Field Team Finals

1)	Eastmont	51
2)	Issaquah	49
3)	Kamiakin	45
4)	Skyline	43
5)	Enumclaw	40
6)	Mt Spokane	34
7)	Ferndale	33
8)	Newport-Bellevue	23
9)	Southridge	22
9)	East Valley-Spokane	22
11)	Arlington	19.5
12)	Squalicum	19
13)	Rainier Beach	18
13)	Everett	18
15)	Lakeside	17
16)	Sedro-Woolley	15
16)	Renton	15
16)	Cleveland	15
19)	Kelso	14
19)	Holy Names Academy	14
19)	West Valley-Yakima	14
22)	Columbia River	13.5
23)	Hanford	13
23)	Bainbridge	13
25)	Auburn	10
26)	Mt Si	9
26)	Sumner	9
28)	Peninsula	8
28)	Sunnyside	8
30)	Union	7
30)	Mt Rainier	7
32)	Timberline	6
32)	Bonney Lake	6
32)	Bremerton	6
32)	Franklin Pierce	6

36)	Yelm	5
36)	Bellevue	5
38)	Hazen	4.5
38)	Camas	4.5
40)	Capital	4
40)	Lakes	4
40)	Bishop Blanchet	4
43)	Shelton	3
44)	Mercer Island	2
45)	North Thurston	1
45)	West Seattle	1
45)	Auburn Riverside	1
45)	Shorecrest	1