



**REGION IV - 3A
WRESTLING TOURNAMENT
February 15, 2020**

**TOURNAMENT INFORMATION
WIAA GUIDELINES**

**Aaron Brecek, Tournament Director
John R. Rogers High School**

**3A Region IV Wrestling Tournament
Saturday, February 15, 2020
John R. Rogers High School**

- Tournament Manager:** Aaron Brecek, John R. Rogers High School A.D.
AaronBr@spokaneschools.org
Office: 509-354-4953, Cell: 509-995-7174
Fax: 509-354-6665
- Tournament Staff:** Aaron Brecek, Region IV Tournament Director
Matt Miethe, Computer – TrackWrestling.com
Keith Eggleston – Athletic Trainer
- Games Committee:** Aaron Brecek, Head Official, Rep. from MCC, GSL, and SSC
- District 3 Schools:** Capital, Central Kitsap, Gig Harbor, North Thurston, Peninsula, Shelton, Timberline, and Yelm
- District 8 Schools:** Hermiston, John R. Rogers, Kamiakin, Kennewick, Mt. Spokane, North Central, Shadle Park, and Southridge

- Tournament Schedule: Saturday, February 15**
- | | |
|----------------|---|
| 7:00 – 7:45 am | Scales Open to Check Weight |
| 8:00 am | Weigh-In <ul style="list-style-type: none">• Photo ID required• WWMP Decent Plan Sheet• Weigh in by Weight on 2 Scales• Alternates Must Weigh-in |
| 9:00 am | Coaches Meeting in N110 |
| 10:00 am | 1 st Round Matches Begin on 4 Mats |
| 11:45 am | 2 nd Round Matches Begin on 4 Mats |
| | Lunch 1:30 pm |
| 2:00 pm | Consolation Matches Begin on 4 Mats |
| 3:00 pm | Placing Matches Begin on 3 Mats
Placing Matches 1-6 |
| 4:00 pm | Awards & Pictures |

- Weigh-ins:** Weigh-ins will begin promptly at 8 am in the Wrestling Room (N119) at John R. Rogers High School. All wrestlers, including alternates, need to have photo ID and their individual WWMP Weight Decent Plan with them at weigh-ins. Weigh-ins will follow National Federation Wrestling rules and will be done by weight on two scales.

Skin Issues: Any skin irregularities/disease must be accompanied by a note from a physician stating the disease is non-communicable. A physician's clearance must be on the **STATE APPROVED FORM** and the clearance may not be over a week old.

Withdrawals: Any school that intends to withdraw a qualified participant should contact Aaron Brecek at 509-354-4953 as soon as possible.

Officials: All officials are assigned by the WIAA.

Ejection Policy: Please remind all of your athletes that, as per WIAA guidelines, a participant that is ejected is done for the rest of the tournament and thus the remainder of the season.

Admission Prices: (Set by the WIAA)	ADULTS	\$10.00
	Includes Students Without ASB Card	
	STUDENTS	\$7.00
	High School & Middle School Kids With ASB Card & Children Under 12	
	SENIORS	\$7.00
	Age 62 and Up	
	CHILDREN UNDER 5	FREE

****Tournament Passes for the Mat Classic State Tournament will be pre-sold Saturday afternoon.**

Passes: All participants and coaches will be issued a pass that must be worn or shown for free admission. These passes will be in each school's coaches' packet. Please see Aaron Brecek to pick up your packet. Passes are determined by state guidelines and are listed below:

- 1 Pass Per Participant
- 1 Administrator/Supervisor Pass
- 1 Cheer Advisor Pass
- 2 Coaches Passes, 3 Coaches Passes if a School has 3 to 9 Participants, and 4 Coaches Passes if a School has 10+ Participants
- 1 Pass Per Alternate
- 2 Manager Passes
- Cheerleaders will be Admitted in Uniform

The information for these passes needs to be provided to Aaron Brecek on the attached pass list document by no later than 3 pm on Wednesday, February 12th. The only other passes that will be accepted are media/press, coaches association, WOA, WSSAAA, and WIAA Lifetime Passes.

Floor Access: All spectators are to remain in the stands. Floor access for the region tournament will have the following guidelines.

- Each school will be limited to a maximum of four cheerleaders and a coach at mat side.

- Only news media and photographers approved by the tournament director
- Two team representatives per school for each match
- No Parents, Non-Media Photographers, or Filming

State Qualifiers: The top four finishers in each weight division will qualify for the State Wrestling Tournament to be held in the Tacoma Dome February 22nd & 23rd.

The 5th and 6th place finisher will be the first and second alternate to state. Schools need to bring the first alternate to Tacoma and they will weigh-in and receive a non-floor access pass.

Awards & Pictures: Medals will be awarded to the top four wrestlers in each weight class. Awards will be presented following all placing matches in the championship round. Once done with awards, the top four finishers in each weight class will move to photo area to have their group picture taken for the state program. Per WIAA policy, wrestlers need to be dressed in school warm-ups, which include a top and bottom. Athletes will not be allowed to be in street clothes or have hats, sunglasses, mascots or any other items in the picture with them.

Locker Rooms: Both of the boys locker rooms will be available to use. Athletes are expected to bring their own towels and to treat the facilities with respect. Please remind your parents and fans that the locker room is off limits and not a public restroom area. John R. Rogers High School is not responsible for any lost or stolen items and athletes are encouraged to not leave valuables in the locker room area.

Warm-Up: Once wrestling starts, there will be one mat available for warm-up in the auxiliary gym.

Medical Personnel: If your school is bringing an athletic trainer please put their name on the pass list. John R. Rogers High School will have an Athletic Trainer on site. A physician will be provided to conduct skin checks after weigh-in. Be sure to have your Skin Sheets at the weigh-in.

Blood Clean Up: John R. Rogers High School will provide individuals to clean the mats. There will be a blood clean-up team available but coaches are permitted to help in order to speed up the process.

Friday Practice: John R. Rogers High School does have school on Friday. The athletic area will be open for practice from 5:00 – 8:00pm. Please email or call Aaron Brecek (509-354-4953) if you plan on showing up and practicing on Friday.

Parking: Parking is available in the school parking lot. There are two (2) lots available for parking. The gym lot is located on the east side of the building and a theatre lot located on the northwest side of the building. Entrances to both parking lots are located on Wellesley Avenue. All

busses should park on the south side of the building in the bus zone on Heroy St.

Signs: No signs are allowed in the gym area except for official school banners.

Hospitality Room: There will be a hospitality room in the staff room located in room N110 next to the commons for coaches, officials, school administrators, and tournament workers. No students will be allowed in the hospitality room and please remember to clean up after yourself.

Concessions: The John R. Rogers Booster Club will be on hand all day selling food and drinks.

Bands & Noisemakers: No bands or noisemakers of any type are allowed in the gym.

Lodging & Dining: If you have any questions about lodging or dining please contact Aaron Brecek (509-354-4953).

Tournament Apparel: Team Apparel will be available on-site selling merchandise.

Directions to John R. Rogers High School

From Seattle Via I-90

Travel east on I-90 through Spokane. Take exit 282 (Hamilton St/WA-290). Travel 3.5 miles on Hamilton St and Nevada St (Hamilton turns into Nevada after N Foothills Dr). Turn right on Wellesley and travel approximately 1 mile. John R. Rogers High School will be on the south side of Wellesley.