

Pre-Participation Requirements by Sport

Sport	HS Minimum Practices	MS Minimum Practices
Baseball	10 5	8 4
Basketball	10 5	8 4
Bowling	0	
Cheerleading	10 5	
Cross Country	10 5	8 4
Dance/Drill	10 5	
Football	12 10	12 10
Golf	0	0
Gymnastics	15 10	13 10
Soccer	10 5	8 4
Softball	10 5	8 4
Swimming/Diving	10 5	
Tennis	10 5	8 4
Track and Field	10 5	8 4
Volleyball	10 5	8 4
Wrestling	12 6	8 4

